

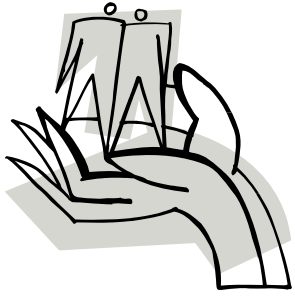





# Aging and Disability Services



Program	Description
<p><b>Helpline</b>  <b>(503) 988-3646</b>  (503) 988-3683 TTY</p>  <p><b>24-Hour Access</b>  Staffed at all hours for situations requiring immediate resolution.</p> <p><b>Network of Care Gatekeeper</b></p>	<p><b>The HELPLINE</b> provides information, assistance and services to support all seniors and people with disabilities and their caregivers in assessing their needs, identifying the most appropriate services to meet those needs, and linking them to the most appropriate service providers. The HELPLINE simplifies access to social service programs and provides important follow-up and advocacy to ensure services are met.</p> <p><b>Network of Care (<a href="http://www.multnomah.or.networkofcare.org">www.multnomah.or.networkofcare.org</a>)</b> is the ADS-sponsored website that provides comprehensive information on local resources, caregiving, medical issues, legislation, and assistive devices.</p> <p><b>The Gatekeeper Program</b> is designed to assist vulnerable people who need help, but may be unable to get it for themselves. The program enlists the help of individuals in the community that have contact with the elderly and people with disabilities during the course of their jobs. Gatekeepers include bank tellers, pharmacists, utility meter readers, mail carriers and more.</p>
<p><b>Aging &amp; Disability Services Area Offices</b></p> 	<p>Multnomah County ADS performs eligibility assessments for programs that include: <b>Basic Medicaid, Food Stamps, State Plan Personal Care and Medicaid Long Term Care Services</b> through five geographically located area offices (East, Mid, North/Northeast, Southeast, and West).</p> <p>The <b>Nursing Facility Program</b> provides specialized services to over 1,400 of the most vulnerable elderly citizens living in 40 nursing homes in Multnomah County.</p>
<p><b>District Senior Centers</b></p>  <p><b>Oregon Project Independence (OPI)</b></p>	<p>ADS has contract partnerships with <b>District Senior Centers</b> throughout the community to offer programs to assist all seniors aged 60 and older. Programs include information and assistance, transportation, meals/nutrition services, legal assistance, case management, in-home services, health promotion, disease prevention, social activities and more.</p> <p><b>Oregon Project Independence</b> is a State-funded program that helps seniors who do not meet the criteria for Medicaid in-home services remain independent in their own homes—by providing a variety of services such as case management, housekeeping, personal care, transportation, and meals. Seniors are assessed and case managed through ADS District Senior Centers.</p>
<p><b>Family Caregiver Support Program</b></p> 	<p><b>The Family Caregiver Support Program</b> assists unpaid family caregivers who live in Multnomah County, &amp; are caring for a person 60 or older who need substantial assistance in at least two Activities of Daily Living (ADLs) or have a cognitive or behavioral impairment that requires substantial cueing or monitoring by the family caregiver. Assistance is also available to elders age 55 and older who are raising a relative child age 18 and younger.</p>
<p><b>Lifespan Respite Care Network</b>  <b>(503) 988-4790</b></p> 	<p><b>Lifespan Respite Care Network</b> is a free and confidential information and referral service that links caregivers with respite care options, support groups and financial assistance, when available. Lifespan Respite Care is designed to help caregivers caring for people all along the lifespan (birth-to-death). Respite Care is a short break for caregivers from their daily responsibilities, renewing a caregiver's patience and strength.</p>

Program	Description
<p><b>Multnomah County ADS Safety Net Programs</b></p> 	<p><b>Emergency Prescription Assistance</b> – for uninsured seniors or those with out-of-pocket Medicare Part D costs; and people with disabilities who are in the waiting period for Medicare. Eligibility criteria subject to change based on funding.</p> <p><b>Special Needs</b> – may cover durable medical expenses necessary to stabilize a client’s medical condition or other life circumstance. Item must not be covered by any other plan or program.</p> <p><b>Housing Assistance</b> – for those seniors/people with disabilities who are homeless, or at risk of homelessness, or in unsafe housing; this program may fund housing-related expenses. Eligibility requires a stable housing plan.</p> <p><b>Multnomah Project Independence (MPI)</b> – <b>for people with disabilities 18 to 59 years old</b> living in their own homes who need services but do not meet the Medicaid criteria for in-home services. Possible services include transportation, emergency housing, prescription payment, in-home services such as personal care, and other special needs such as meals, major housekeeping and minor home adaptations.</p>
<p><b>SHIBA Senior Health Insurance Benefits Assistance</b></p> 	<p>The <b>SHIBA</b> program uses trained volunteers to help people with Medicare make health insurance decisions. This free program saves Medicare beneficiaries money by making sure they receive all possible benefits and don’t pay too much out of their own pockets. SHIBA volunteers are available for appointments at many of the ADS District Senior Center sites.</p>
<p><b>Specialty Programs</b></p> 	<p><b>Adult Protective Services (APS)</b> receives referrals and investigates allegations of abuse, self-neglect, and financial exploitation of seniors and persons with disabilities.</p> <p><b>Public Guardian/Conservator's Office</b> obtains and implements court-appointed guardianship and/or conservatorship for individuals who are profoundly mentally incapacitated, unable to care for themselves, and are currently at high risk due to abuse, exploitation or extreme self-neglect.</p> <p><b>Adult Care Home Program (ACHP)</b> licenses Adult Care Homes and enforces the Multnomah County Administrative rules that govern the licensing and operation of Adult Care Homes.</p>
<p><b>Veterans Services</b></p> 	<p><b>Multnomah County Veterans Service Office</b> is available to help veterans access their benefits, and to assist veterans and their dependents with understanding and obtaining all benefits available to them under State and Federal laws.</p>

**For information about any of these programs,  
please call the Helpline:**

**(503) 988-3646**

**(503) 988-3683 TTY**

[www.multnomah.or.networkofcare.org](http://www.multnomah.or.networkofcare.org)