



Multnomah County’s Department of County Human Services Early Childhood Mental Health Programs

Recipient of the 2001 American Psychiatric Association Significant Achievement Award

Mission: Enhance positive emotional development in young children

System Supports for Early Childhood Framework

Goal: All children develop social and emotional bonds and skills to support their continuing mental health.

Outcomes:

- Families have access to community resources and informal supports that help build stable and healthy families.
- Families with challenges or risks are identified and receive needed services.

Strategies:

- Provide adequate, appropriate services, delivered when and where families need them.
- Involve families in determining the types of services they will receive.
- Provide pre-intervention services for children who have a social or emotional development issue.



Services:

Early Childhood Mental Health Consultant Team

Eleven Consultants work within contracted public child-serving agencies to provide a range of services to children, families, staff and administrators, to promote positive emotional development of children, aged 0 – 6 years.

- Classroom consultation
- Program/curriculum development
- Staff training
- Child-specific consultation
- Parent education and support
- Triage and referral
- Family mental health services
- Child mental health assessment and treatment

**Albina, Mt. Hood, Gresham Migrant, PPS , Neighborhood House Head Start Programs*

• Multnomah Early Childhood Program • Child Care Resource & Referral of Multnomah County

Morrison– County Early Childhood Mental Health Project

The Project expands early childhood mental health service capacity by building on and enhancing community partnerships, expanding primary and secondary prevention services, identifying and triaging children in-need into appropriate levels of care, and developing a range of innovative community-based services.

- Two Morrison Center Early Childhood Mental Health Consultants working within Albina and Mt. Hood Head Start Programs.
- Psychiatric evaluation and consultation for young children and their families.

To make a referral for mental health consultation services : contact your child’s Head Start teacher or MECP staff

For more information, contact:

Bruce Spilde LCSW

(503) 988-3999 x 28605

Bruce.m.spilde@co.multnomah.or.us



“The aim of early childhood mental health is to improve the social and emotional well-being of young children and families by strengthening relationships with caregivers, and promoting age appropriate social and emotional skills”.

Jane Knitzer, Ed. D.

National Center for Children in Poverty

Columbia School of Public Health