| Multnomah County Program #25020B - ADS | S Senior Center Prevention Service | es | 7/7/2014 |
|--|------------------------------------|---------------------------------|----------|
| Department: | County Human Services | Program Contact: Lee Girard | |
| Program Offer Type: | Existing Operating Program | Program Offer Stage: As Adopted | |
| Related Programs: | 25020A | | |
| Program Characteristic | s: | | |

Executive Summary

Aging and Disability Services Division (ADS) Access and Early Intervention Services is the first point of contact for the county's 220,000 older adults and people with disabilities. Through five District Senior Centers and nine Culturally-specific Contractors people receive a variety of community services that support independence, promote health and prevent institutionalization. This offer requests ongoing funds of \$565,819 to backfill FY14 one-time funding from the City of Portland and County General Fund for District Senior Center services.

Program Summary

Aging and Disability Services Division (ADS) Access and Early Intervention Services is the first point of contact for the county's 220,000 older adults and people with disabilities. Through five District Senior Centers and nine Culturally-specific Contractors people receive a variety of community services that support independence, promote health and prevent institutionalization.

Five district senior service centers and their consortiums serve as neighborhood focal points, as required by the Older Americans Act, to help older adults and people with disabilities, and family caregivers gain access to services, authorize service through other providers, and also provide some services directly. ADS contracts with District Senior Centers to provide the services listed below. In the current FY14 budget, City of Portland/County General Fund one-time funding of \$565,816 supports the following prevention and early intervention services addressing health, wellness and socialization:

• Support groups: grief, depression, Alzheimer's and related dementias, caregivers, etc.

• Recreation and education activities: cultural events, genealogy, history and public affairs, games, craft classes, community excursions, etc.

• Health, wellness, exercise and prevention activities: includes evidence-based health promotion/chronic disease management; preventive screening, counseling and referral; physical activity and falls prevention; nutrition education; and depression/mental health supports.

• District Senior Center management: this includes overseeing volunteers who manage the above activities, staffing the center, scheduling and publicizing activities, setting up activities, etc.

• Transportation to participate in the activities listed above.

| Measure Type | Primary Measure | FY13 Actual | FY14 Purchased | FY14 Estimate | FY15 Offer |
|-----------------|--|----------------|-------------------|------------------|---------------|
| Output | Number of participants attending health, wellness and recreation activities ¹ | - | - | - | 86,000 |
| Outcome | Participants are satisfied or very satisfied with activities | - | - | - | 85% |

¹Regularly scheduled classes that people may attend multiple times.

Revenue/Expense Detail

| | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds | |
|----------------------|--------------------------|-------------------------|--------------------------|-------------------------|--|
| Program Expenses | 2014 | 2014 | 2015 | 2015 | |
| Contractual Services | \$0 | \$0 | \$565,819 | \$0 | |
| Total GF/non-GF | \$0 | \$0 | \$565,819 | \$0 | |
| Program Total: | \$(| \$0 | | \$565,819 | |
| Program FTE | 0.00 | 0.00 | 0.00 | 0.00 | |
| Program Revenues | | | | | |
| Total Revenue | \$0 | \$0 | \$0 | \$0 | |

Significant Program Changes

Last Year this program was: 25020A ADS Access & Early Intervention Services

District Senior Center funding was included in PO #25020A ADS Access & Early Intervention Services in FY14.