

21st Annual Pacific Northwest Public Employees Diversity Conference

Serving Transgender Children, Youth, Their Families & Communities

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# TransActive GENDER CENTER

#### Founded 2007

A national leader in serving the diverse needs of transgender, gender fluid, genderqueer and gender nonconforming children, youth and their families.

#### 2013:

TGC added 219 families to our client base.

#### 2013:

Secured coverage for pubertal suppression treatment under the Oregon Health Plan (Medicaid).

#### **2014 (October):**

TGC is serving nearly 400 families in the Portland (Oregon) metro area alone.

66% of youth we serve are under age 12.





### A Holistic Approach



"START" workshops, provide gender-focused cultural competency training to community groups, schools and professionals in multidisciplinary settings



Securing and protecting the rights of transgender & gender nonconforming children, youth and their families through conflict resolution and enhanced education



Individual, couples, group and peer-support counseling, comprehensive case management & medical referrals for primary care, pubertal suppression & cross-sex hormones and more



Working with independent and university-based researchers on studies that measure and reflect the experiences of children, youth and their families

### Primary Challenge to Inclusion

- We live in a <u>cisgender</u> dominant world (to the exclusion of ALL OTHER GENDER EXPERIENCES)
- It's difficult for adults to empathize with a child whose gender reality is WAY outside the box adults have been told is "normal".
- Hearing that your little boy feels like a little girl is akin to finding out they are from another planet.



### Secondary Challenge to Inclusion

#### **Cultural & Institutional Adultism:**

- Prejudice and accompanying systematic discrimination against young people
- Bias in favor of adults, their ideas, activities and desires
- Abuse of power that adults have over children
- Disregard for a child having intrinsic rights independent of their parent, caregiver or the State





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### Tertiary Challenge to Inclusion

### **LGB**T

Misperception that diverse gender identity & diverse sexual orientation are one in the same

The pervasive "culture war" focus on expanding equality for same-sex relationships has left the public confused regarding how the "T" and gender itself is different from sexual orientation.



## TransActive (Partial) Summary of Social Impact

- Tomboy behavior is acceptable (to a point) for girls;
   Feminine behavior remains unacceptable for boys and gender diverse male children and youth are frequently sent for counseling
- Gender diverse people are at much higher risk of suicide and violence than other minority populations
- Racial & ethnic minority populations experience amplified versions of the above due to significant intersecting oppressions
- Transgender adolescents and teens may be denied access to proven 'Best Practice' interventions such as pubertal suppression and gender affirming hormone treatment

# TransActive (Partial) Summary of Social Impact

- Obvious biological and scientific realities regarding human diversity are ignored, rejected or denied in favor of "traditional" enforcement of restrictive gender roles
- Gender nonconforming youth are twice as likely to suffer from PTSD in adulthood than other youth<sup>1</sup>
- They may be subjected to unethical reparative or "change" therapy (currently illegal in California & New Jersey)
- 83% of transgender people have thoughts of suicide<sup>2</sup> and 41% report having made at least one suicide attempt<sup>3</sup>
- I. Harvard School for Public Health, Pediatrics, (2012)
- 2. Newton Massachusetts Education Development Center, Inc.
- 3. National Center for Transgender Equality/National Gay & Lesbian Task Force (2010)







Thanks to the work of TransActive staff and community allies we have achieved many milestones:

- Coverage for pubertal suppression & mental health care
- Transgender student rights
- Changes to birth certificates without requiring surgery
- and much more, including...

#### **January 1, 2015:**

Oregon Health Plan (Medicaid) coverage for cross-sex hormones and transgender-related surgical procedures.

Let us help YOU & your organizations better serve these kids and families











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TransActive Gender Center is a non-profit organization



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