

|                                 |                            |                             |                  |
|---------------------------------|----------------------------|-----------------------------|------------------|
| <b>Department:</b>              | Health Department          | <b>Program Contact:</b>     | Jessica Guernsey |
| <b>Program Offer Type:</b>      | Existing Operating Program | <b>Program Offer Stage:</b> | As Requested     |
| <b>Related Programs:</b>        | 40055, 40056, 40058        |                             |                  |
| <b>Program Characteristics:</b> | In Target                  |                             |                  |

### Executive Summary

Multnomah County Health Department is the only organization in the County to provide and support the Nurse Family Partnership Program (NFP). NFP is an evidence-based community healthcare program supported by extensive research documented from 25 years of implementation. NFP supports a partnership between low-income, first time mothers with a home-visiting Community Health Nurse to achieve the care and support they need to have a healthy pregnancy and provide competent care for their children and families. NFP serves 400 families per year.

### Program Summary

Research shows the conditions of early life have a profound impact on long-term health and overall life stability. The Nurse Family Partnership Program (NFP) is a nurse home visiting program offered to first-time, low-income pregnant women through two Multnomah County teams, one team located in Northeast Portland, and one team located in East County. Home visiting services begin in early pregnancy and follow families up to their child's second birthday.

NFP consistently demonstrates improved prenatal health, fewer childhood injuries, fewer subsequent pregnancies, increased intervals between births, increased maternal employment and improved school readiness. Multnomah County has developed infrastructure that ensures fidelity to the NFP model and includes extensive staff training, reflective supervision, and rigorous evaluation support through the NFP National Service Office. In 2013 the two NFP teams served over 400 families. Current NFP teams have the capacity to serve 400 families a year in Multnomah County.

### Performance Measures

| Measure Type | Primary Measure   | FY13 Actual | FY14 Purchased | FY14 Estimate | FY15 Offer |
|--------------|---|-------------|----------------|---------------|------------|
| Output       | Number of families served   | 482         | n/a            | 400           | 400        |
| Outcome      | % of mothers enrolled in NFP services who are breastfeeding at 6 months | 52%         | n/a            | 52%           | 60%        |
| Quality      | Client retention in prenatal phase of NFP program                       | 75%         | n/a            | 75%           | 80%        |
| Quality      | Client satisfaction   | 98%         | n/a            | 98%           | 98%        |

### Performance Measures Descriptions

We changed our output performance measure from % of developmental screenings completed to number of families served in the NFP program. We also added a quality measure on prenatal client retention because retaining clients prenatally is an important metric on how well we are doing in the program overall.

## Legal / Contractual Obligation

Nurse Family Partnership (NFP) complies with contractual program guidelines set forth by the NFP National Service Office to assure fidelity to the model. OMB Circular A-87, LPHA State/Federal Program Requirements, FQHC Rulebook OAR 410-147-0595, MCM OAR 410-130-0595, TCM OAR 410-138-0000 through 410-138-0420, Title V/Maternal Child Health. Targeted Case Management requires matching local funds.

## Revenue/Expense Detail

|                        | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds |
|------------------------|-----------------------|----------------------|-----------------------|----------------------|
| Program Expenses       | 2014                  | 2014                 | 2015                  | 2015                 |
| Personnel              | \$1,794,059           | \$806,797            | \$1,409,166           | \$1,294,655          |
| Contractual Services   | \$84,919              | \$483,129            | \$406,847             | \$22,756             |
| Materials & Supplies   | \$50,493              | \$42,136             | \$34,870              | \$21,011             |
| Internal Services      | \$125,572             | \$316,387            | \$232,871             | \$208,646            |
| <b>Total GF/non-GF</b> | <b>\$2,055,043</b>    | <b>\$1,648,449</b>   | <b>\$2,083,754</b>    | <b>\$1,547,068</b>   |
| <b>Program Total:</b>  | <b>\$3,703,492</b>    |                      | <b>\$3,630,822</b>    |                      |
| <b>Program FTE</b>     | 15.15                 | 6.00                 | 11.92                 | 10.20                |

| Program Revenues         |                  |                    |                  |                    |
|--------------------------|------------------|--------------------|------------------|--------------------|
| Indirect for Dept. Admin | \$105,709        | \$0                | \$105,372        | \$0                |
| Intergovernmental        | \$0              | \$168,767          | \$0              | \$120,000          |
| Other / Miscellaneous    | \$0              | \$13,516           | \$13,516         | \$0                |
| Service Charges          | \$0              | \$1,466,166        | \$0              | \$1,427,068        |
| <b>Total Revenue</b>     | <b>\$105,709</b> | <b>\$1,648,449</b> | <b>\$118,888</b> | <b>\$1,547,068</b> |

## Explanation of Revenues

The Nurse Family Partnership Program (NFP) is funded by county general fund, and Medicaid fees from: 1) Maternity Case Management (MCM) home visits conducted from pregnancy through two months postpartum and 2) Targeted Case Management (TCM) for infants and children up to age 5 years.

County General Fund: \$2,083,754  
Medicaid Target Case Management: \$1,015,868  
Medicaid Maternity Case Management: \$411,200  
OHSU CaCoon grant: \$120,000

## Significant Program Changes

**Last Year this program was:** 40013A Early Childhood Home Based Services

Maternal, child, and family health programs previously combined in program offers 40013A & 40013B have been separated in order to provide more clarity regarding individual program goals, deliverables, performance measures, and budget details.

In FY14, three Community Health Nurses were re-assigned within Early Childhood Services and trained in the Nurse Family Partnership (NFP) model to begin consolidating home visiting work into existing best practice, outcome based, home-visiting models that MCHD already uses, and are unique in both health transformation and the developing Early Learning Council work. Multnomah County is the only agency in the County that provides NFP in the community.