

**Department:** Health Department      **Program Contact:** Jessica Guernsey  
**Program Offer Type:** Existing Operating Program      **Program Offer Stage:** As Requested  
**Related Programs:** 40055, 40056, 40058  
**Program Characteristics:** In Target

**Executive Summary**

Nurse Family Partnership Program (NFP) is an evidence-based community healthcare program supported by 30 years of extensive research. NFP supports a partnership between low-income, first time mothers with a home visiting Community Health Nurse to achieve the care and support they need to have a healthy pregnancy and provide confident and competent care for their children and families. This program serves over 400 families per year.

**Program Summary**

Research shows the conditions of early life have a profound impact on long-term health and life stability. The Nurse Family Partnership Program (NFP) is a nurse home visiting program offered to first-time, low-income pregnant women through two Multnomah County teams located in Northeast Portland and East County. Home visiting services begin in early pregnancy and follow families up to their child's second birthday.

NFP consistently demonstrates improved prenatal health, fewer childhood injuries, increased intervals between births, increased maternal employment, and improved school readiness for children. Multnomah County has developed infrastructure that ensures fidelity to the NFP model and includes extensive staff training, reflective supervision, a Community Advisory Council, and rigorous evaluation support through the NFP National Service Office. Long-term benefits to the county include healthy children ready to learn; decreased costs related to fewer families involved in child welfare and juvenile justice systems, and over the long-term families less affected by chronic disease.

Nurse Family Partnership is connected with the Healthy Birth Initiative (HBI). This partnership provides African American first-time mothers who are enrolled in NFP with all of the wraparound, culturally-specific services and leadership development of the HBI program. Additional families served through the coordinated programs are reflected in the HBI program offer.

**Performance Measures**

Measure Type	Primary Measure	FY16 Actual	FY17 Purchased	FY17 Estimate	FY18 Offer
Output	Number of families served	466	450	450	425
Outcome	% of mothers enrolled in NFP services who are breastfeeding at 6 months	65%	65%	66%	65%
Quality	Client retention in prenatal phase of NFP program	71%	71%	70%	70%

**Performance Measures Descriptions**

## Legal / Contractual Obligation

Nurse Family Partnership (NFP) complies with contractual program guidelines set forth by the NFP National Service Office to assure fidelity to the model. Federal Uniform Grant Guidelines, LPHA State/Federal Program Requirements, FQHC Rulebook OAR 410- 147-0595, MCM OAR 410-130-0595, TCM OAR 410-138-0000 through 410-138-0420, Title V/Maternal Child Health. Targeted Case Management requires matching local funds.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2017	2017	2018	2018
Personnel	\$2,034,426	\$1,337,769	\$1,181,300	\$1,380,922
Contractual Services	\$461,010	\$180,000	\$538,766	\$108,853
Materials & Supplies	\$65,012	\$10,784	\$80,796	\$2,015
Internal Services	\$282,207	\$161,086	\$310,605	\$211,484
<b>Total GF/non-GF</b>	<b>\$2,842,655</b>	<b>\$1,689,639</b>	<b>\$2,111,467</b>	<b>\$1,703,274</b>
<b>Program Total:</b>	<b>\$4,532,294</b>		<b>\$3,814,741</b>	
<b>Program FTE</b>	17.31	10.44	8.72	9.89

Program Revenues				
Indirect for Dept. Admin	\$125,940	\$0	\$130,775	\$0
Intergovernmental	\$0	\$282,120	\$0	\$237,108
Service Charges	\$0	\$1,407,519	\$0	\$1,466,166
<b>Total Revenue</b>	<b>\$125,940</b>	<b>\$1,689,639</b>	<b>\$130,775</b>	<b>\$1,703,274</b>

## Explanation of Revenues

NFP is funded by Medicaid fees from Maternity Case Management (MCM) home visits conducted from pregnancy through two months postpartum; Targeted Case Management (TCM)\* for infants and children up to age 5 years; the Local Public Health Authority IGA with Oregon Health Authority; and an Early Home Visiting grant.

Local Public Health Authority IGA: \$212,108  
Target Case Management Babies First fees: \$1,043,700  
Medicaid Maternity Case Management fees: \$422,466  
Early Home Visiting grant: \$25,000

## Significant Program Changes

Last Year this program was: FY 2017: 40054 Nurse Family Partnership