

Program #40056 - Healthy Families
FY 2026 Adopted

Department: Health Department **Program Contact:** Veronica Lopez Ericksen
Program Offer Type: Operating **Program Offer Stage:** Adopted
Related Programs: 40054, 40055, 40058, 40097
Program Characteristics:

Program Description

Healthy Families of Multnomah County (HFMC) is a nationally accredited, culturally adapted early childhood home visiting (ECHV) program, and part of the state-wide Healthy Families network.

Research shows the conditions of early life have a profound impact on long-term health and life stability. The stress of adjusting to parenting a new baby can make it difficult to ensure these conditions are the best possible. Additional life stressors and circumstances, such as being low income, having substance use/mental health challenges, language barriers, and cultural incongruence with typically available support services, compound these challenges. HFMC works to support parents, especially those experiencing factors that inhibit infant bonding and early development, in providing positive relationships and environments for their young children, thereby reducing child abuse and neglect, improving school readiness, and promoting healthy growth and development for young children up to age three.

The goal of HFMC is to promote child and family wellbeing through long-term (3 years) family-centered, culturally responsive, and strengths-based support. Families who qualify for services are offered voluntary home visits shown to reduce child abuse and neglect, improve parent-child attachment, reduce parent stressors, and support parents' ability to ensure children meet developmental milestones.

HFMC has two primary components: 1) Eligibility screening/referral coordination for pregnant and newly delivered parents and 2) home visiting and supportive social services, including mental health supports and system advocacy/navigation, delivered by teams (30 total Home Visitors) at four community-based organizations. Home visiting and supportive services are available to all families in Multnomah County. To address many of the most common experiences compounding parenting challenges and to ensure these services are accessible to and effective for all, HFMC community-based organizations are experienced at meeting the needs of specific populations and communities including African American, Immigrant/Refugee (multiple cultural and linguistic groups), Latinx/e, teens and parents with significant substance use or trauma histories. In FY 24, 88% of HFMC families were Black, Latinx/e, Asian, Indigenous or other People of Color, and 95% were low income. HFMC takes a data-driven approach to planning. A regular continuous quality improvement (CQI) process examines rates of engagement and retention by contractor, age, race/ethnicity and language. HFMC also reviews community data to determine if there are service gaps or the need to add new culturally specific teams. HFMC has an advisory group with majority consumer members who are reflective of the HFMC program. Members evaluate data and guide program practices. In response to these inputs, in 2024, Spanish language access was increased and an increased focus on substance use disorder and mental health impacted families were developed.

Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Number of families served with home visiting	488	500	500	525
Output	Percent of families remaining in intensive services for 12 months or longer	55%	70%	60%	70%
Outcome	Percent of families served are BIPOC and/or low income	95%	95%	95%	95%
Outcome	Percent of BIPOC Families matched with direct service staff sharing cultural attributes and preferred language	90% and 88%	85% and 85%	90% and 88%	90% and 85%

Performance Measures Descriptions

1) Number of families enrolled and receiving home visits; 2) Percent retention of families at 12 mo. based on prior year enrollments. 3) In 2024 FY 90% of families served were low income (on OHP) and 88% identified as Black, Latinx/e, Asian, Indigenous or other People of Color. 4) Allows consistent provider matching by cultural factors and language needs along with intersectional factors.

Legal / Contractual Obligation

Healthy Families of Multnomah County must comply with Healthy Families of Oregon policies and procedures, which are based on Healthy Families America (HFA) credentialing standards and contract obligations. Failure to comply may result in disaffiliation with HFA and withholding of funding from the State.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$548,915	\$359,820	\$546,377	\$418,425
Contractual Services	\$386,406	\$3,108,800	\$134,388	\$3,803,429
Materials & Supplies	\$7,064	\$43,180	\$36,535	\$28,174
Internal Services	\$158,580	\$60,845	\$172,053	\$62,090
Total GF/non-GF	\$1,100,965	\$3,572,645	\$889,353	\$4,312,118
Program Total:	\$4,673,610		\$5,201,471	
Program FTE	3.72	2.28	3.63	2.37

Program Revenues				
Intergovernmental	\$0	\$3,572,645	\$0	\$4,312,118
Total Revenue	\$0	\$3,572,645	\$0	\$4,312,118

Explanation of Revenues

This program generates \$62,090 in indirect revenues.

Healthy Families of Multnomah County is funded by the Oregon Dept. of Early Learning and Care (DELIC) Healthy Families and Early Learning Account (ELA) grants, Maternal Infant Early Childhood Home Visiting (MIECHV) grant, and Medicaid Administrative Claiming (MAC) funds, as described below. NOTE: DELIC has not yet informed County of the budget for FY 2026:

-DELIC Healthy Families grant: \$3,337,241

-DELIC ELA grant: \$203,342

-OHA MIECHV grant:\$80,000 (internal funds) + \$500,896 (pass through)

-Federal MAC allowance: \$ 190,639 HF staff complete regular time studies to leverage funds.

Significant Program Changes

Last Year this program was: FY 2025: 40056 Healthy Families

In FY 2025, \$338,000 was directed, through Healthy Families, to a contracted service provider for culturally specific early childhood services. This one-time investment is not renewed for FY 2026. The contractor has secured federal funding to support the home visiting component of their programming and has applied for other City and County funding. Starting 10/2024, \$500,000 was added to the Healthy Families budget from OHA to a sub-contract to provide federal Maternal Infant Early Childhood Home Visiting (MIECHV) Healthy Families services to culturally diverse teen parents. There is no impact to program capacity as this is a rerouting of funds, not new funding. This 2 year contract consolidates MIECHV staff and funding from two OHA contractors to one.