



Program #40069C - Family Crisis Stabilization Services Enhancements FY 2024 Adopted

Department: Health Department **Program Contact:** Barbara Snow
Program Offer Type: New **Program Offer Stage:** Adopted
Related Programs: 40069A
Program Characteristics: One-Time-Only Request

Executive Summary

The Behavioral Health Division is responsible for providing oversight and coordination for behavioral health crisis services to the entire population of Multnomah County. Crisis services are particularly important to ensure care to the most vulnerable and marginalized communities. Care is taken to support equitable services that prioritize addressing disparities related to access and outcomes. Focus is given to increasing access to behavioral health support during times of crisis and decreasing use and/or reliance on law enforcement. Crisis services include immediate 24/7/365 access to phone crisis support, 24/7/365 mobile crisis outreach, and 24/365 urgent walk in care as well as access to Peer Supports and postvention care. This particular program offer funds family and youth specific intervention services.

Program Description

This program offer supports Family Crisis Stabilization Services. Funding will ensure support to families coming out of crisis with the goal of stabilization to reduce the likelihood of higher level of care being necessary and connection to ongoing services.

This program provides a peer approach to care and operates in coordination with clinical providers to ensure that families are provided holistic wrap around care, before they enter treatment. Engagement with an FSS will help integrate behavioral health services and provide continuity of care by ensuring that service connections and supports are available as youth participants await the early stages of treatment following a crisis.

This offer specifically supports a blend of client assistance and client incentives for the use of these funds for families who are involved with the Family Crisis Stabilization Services program through Cascadia. Client assistance funds are used across the behavioral health system to help clients address barriers that, without intervention, can contribute to crisis or destabilization. For example, by providing a client a phone, they gain access to the call center, their therapist or peer support specialist to connect with when they need support. Through client assistance funds, clients can obtain child care, housing, food, and open avenues for social connection, which also support stabilization and recovery.

In addition to supporting clients' access to basic needs and supports, Behavioral Health will use these funds to draw on evidenced-based motivational incentive models to support client engagement. This plan is based on similar models using operant conditioning principles (e.g. employee wellness programs) These models are well researched and demonstrate that financial incentives motivate individuals to adhere to treatment, achieve established goals and improve outcomes.

These funds will help support creative engagement and a positive introduction to a counseling relationship for clients and families and reduce emotional distress caused by material hardship.

These services are part of the Mobile Crisis Response Teams: 24/7/365 mobile response teams of clinicians and peer support specialists available to respond anywhere within the county to meet with individuals in crisis, perform risk assessment, and develop safety plans. This addition is in line with State and County goals to increase access to stabilization services to youth and families impacted by behavioral health crisis.

Performance Measures

Measure Type	Primary Measure	FY22 Actual	FY23 Budgeted	FY23 Estimate	FY24 Offer
Output	Percent of youth/families will receive client assistance or incentives	N/A	N/A	N/A	50%
Outcome	Percent receiving funds will connect to ongoing services at discharge	N/A	N/A	N/A	80%
Outcome	Percent remaining engaged in services at the 6 and 12 month reporting periods	N/A	N/A	N/A	70%

Performance Measures Descriptions

The second performance measure speaks to engagement, keeping appointments, and positive outcome.
 The third performance measure is for those who are recommended for ongoing services and who are enrolled with the FCSS provider.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2023	2023	2024	2024
Contractual Services	\$0	\$0	\$150,000	\$0
Total GF/non-GF	\$0	\$0	\$150,000	\$0
Program Total:	\$0		\$150,000	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues				
Total Revenue	\$0	\$0	\$0	\$0

Explanation of Revenues

Significant Program Changes

Last Year this program was: