



Program #40070 - Mental Health Crisis Assessment & Treatment Center (CATC) 7/14/2022

Department: Health Department **Program Contact:** Christa Jones
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics:

Executive Summary

The Behavioral Health Division has identified alternatives to inpatient hospitalization as a service gap in the system of care. The Crisis Assessment and Treatment Center (CATC) offers 16 beds of short-term mental health treatment in a secure locked environment as a lower-cost alternative to hospitalization for over 300 clients per year. Facility staffing includes physical and mental health professionals and peer support specialists. Of the 16 beds, 13 are funded and maintained by the Coordinated Care Organization (CCO), Care Oregon, and three are funded and maintained by Multnomah County.

Program Summary

CATC Sub-acute is a 24 hour, 7 day a week, short-term stabilization program for those individuals who require a secure alternative to incarceration or hospitalization due to a mental health crisis. It is a critical component in a full continuum of mental health services. Although it works with other community agencies that provide long-term care, the mission of the sub-acute facility is brief intervention when a person becomes a danger to themselves or others due to their mental illness. The program services adults, 18 years of age and older, who have been diagnosed with a serious mental illness who are residents of Multnomah County.

Multnomah County Call Center serves as the referral tracker and approver for the three beds funded by the County. These beds are prioritized for individuals that are uninsured or underinsured and are otherwise unable to access this level of care.

Although the length of stay may vary depending on a number of factors, the goal is to provide stabilization so at the point of discharge the individual is returning to lower-level community services. Services should not exceed 30 days unless the individual is on a civil commitment hold. Throughout their stays, individuals are connected to community support to decrease the likelihood of negative consequences of hospitalization (loss of housing, outpatient services, insurance, etc). As part of a best practice model for facilities of this type, the proposed treatment team includes consumer positions on staff (Peer Support Specialists) to provide mentoring and linkage to services in the community. These positions are salaried members of the treatment team.

Performance Measures

Measure Type	Primary Measure	FY21 Actual	FY22 Budgeted	FY22 Estimate	FY23 Offer
Output	Number of inpatient days for Non-HSO Multnomah Adults	9,700	9,700	N/A	N/A
Outcome	Percentage of individuals discharged from CATC to a lower level of care	New	New	New	95%
Outcome	Percentage of BIPOC community member access to Non Medicaid "CMHP" admissions.	New	New	New	52%
Output	Number of admissions that are Non-HSO Members (Non Medicaid members)	24	25	21	25

Performance Measures Descriptions

¹The output that measured Number of inpatient days for Non-HSO Multnomah adults does not speak to the quality of care or the goal of reducing hospitalization. It is therefore sunsetted as of 6/30/2022. ²We are reporting a new outcome that captures the percentage of individuals discharged to a lower level of care therefore not requiring additional hospitalization. ³This measure addresses the disproportionality of BIPOC communities' access to mental health benefits and services and prioritizes access to this limited service

Legal / Contractual Obligation

The Multnomah County Community Mental Health Program is contracted with the state to provide a mental health crisis system that meets the needs of the community.

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Addictions and Mental Health Services.

Health Share of Oregon Risk Accepting Entity Participation Agreement.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2022	2022	2023	2023
Contractual Services	\$712,516	\$0	\$741,017	\$0
Total GF/non-GF	\$712,516	\$0	\$741,017	\$0
Program Total:	\$712,516		\$741,017	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues				
Total Revenue	\$0	\$0	\$0	\$0

Explanation of Revenues

Significant Program Changes

Last Year this program was: FY 2022: 40070 Mental Health Crisis Assessment & Treatment Center (CATC)

The referral process significantly changed in August 2021 when referrals for Care Oregon members was reverted back to Care Oregon and CATC for processing. The Multnomah County Call Center remains the referral point for accessing the non-medicaid/CMHP services.

Due to COVID and severe staffing shortages, the referral and intake process and admittance timeline has been impacted throughout the last year resulting in increased strain on community provider agencies and crisis services.

The outcome measuring percentage of clients admitted that are non-HSO Multnomah Members will also be sunsetted as of 6/30/2022 due to Care Oregon managing the referral process for HSO beds, resulting in 100% of admissions managed by Multnomah County, therefore making this an insignificant data point and already noted in the output.