

**Department:** Health Department                      **Program Contact:** Jessica Jacobsen  
**Program Offer Type:** Existing Operating Program                      **Program Offer Stage:** As Adopted  
**Related Programs:** 40094  
**Program Characteristics:**

**Executive Summary**

This program offer describes the existing continuum of adult mental health care funded by Oregon Health Plan and managed by Health Share Multnomah Mental Health. The continuum addresses the needs of adults at emergent, urgent & routine levels of care. Additional respite services provide intervention when an individual's symptoms have risen beyond the scope of outpatient treatment. Outpatient treatment services provide a range of care matched to diagnosis and acuity to approximately 16,000 adults annually.

**Program Summary**

Adult mental health outpatient services provide a comprehensive array of treatment options that address the needs of each individual, including several categories of individual and group therapy, general and intensive case management for individuals with severe mental illness, intensive outreach and medication management. Outpatient services address long and short-term mental health needs to lessen the need for hospitalization. Since expansion of Oregon Health Plan, an average of 6,090 adults receive outpatient services each month, with many remaining in treatment for several months.

Mental health respite services are a community-based approach to stabilize individuals whose symptoms have exceeded the scope of outpatient treatment. The goal is to prevent hospitalization through early intervention with short-term, intensive residential treatment. Respite care contains a range of treatment options, including medication management, clinical treatment and post-discharge transition planning. It has been defined as a best practice when used in a continuum of treatment services.

**Performance Measures**

Measure Type	Primary Measure	FY19 Actual	FY20 Budgeted	FY20 Estimate	FY21 Offer
Output	Total adults receiving outpatient mental health and addiction services <sup>1</sup>	34,098	23,000	NA	NA
Outcome	Percent of adults readmitted to inpatient within 30 days of discharge <sup>2</sup>	15%	20%	NA	NA

**Performance Measures Descriptions**

<sup>1</sup> Number of unduplicated Multnomah Mental Health adult enrollees who received an outpatient mental health service or addiction services during the measurement period - note: increase in clients is a result of the addition of Family Care members

<sup>2</sup> Percent of unduplicated Multnomah Mental Health adult enrollees who were readmitted to inpatient hospitalization within 30 days of discharge during the measurement period

## Legal / Contractual Obligation

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Additions and Mental Health Services.

Health Share of Oregon Risk Accepting Entity Participation Agreement.

## Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2020	2020	2021	2021
Contractual Services	\$0	\$11,886,611	\$0	\$235,710
<b>Total GF/non-GF</b>	<b>\$0</b>	<b>\$11,886,611</b>	<b>\$0</b>	<b>\$235,710</b>
<b>Program Total:</b>	<b>\$11,886,611</b>		<b>\$235,710</b>	
<b>Program FTE</b>	0.00	0.00	0.00	0.00

Program Revenues				
Intergovernmental	\$0	\$11,886,611	\$0	\$235,710
<b>Total Revenue</b>	<b>\$0</b>	<b>\$11,886,611</b>	<b>\$0</b>	<b>\$235,710</b>

## Explanation of Revenues

\$ 235,710 - Unrestricted Medicaid fund through CareOregon

## Significant Program Changes

Last Year this program was: FY 2020: 40076-20 Mental Health Services for Adults