

**Department:** Health Department

**Program Contact:** Yolanda Gonzalez

**Program Offer Type:** Operating

**Program Offer Stage:** Proposed

**Related Programs:**
**Program Characteristics:**
**Program Description**

The Early Assessment and Support Alliance (EASA) is an early psychosis intervention program addressing the needs of young people aged 12 to 25 who demonstrate initial symptoms of psychosis or are found to be at high risk for developing psychosis. As the Community Mental Health Program (CMHP), The Behavioral Health Division is responsible for ensuring EASA services are available in the county. The goal of the program is to develop a long-term recovery and support plan. EASA is a two-year program that offers formal mental health treatment services, educational support, employment support, and involves the young person's family and their other support in treatment. The program receives and screens approximately 200 referrals per year and provides services to over 100 enrolled individuals each year. In FY24, 53% of the enrolled EASA clients identified as people of color, 46% as white, and 3% as unknown or not provided.

EASA is an evidence-based and fidelity-based model resulting from 14 years of research that demonstrates early intervention and immediate access to treatment can directly reduce psychiatric hospitalization rates and the long term debilitating consequences of psychosis. The EASA fidelity-based model helps young people impacted by psychosis develop long-term recovery plans.

The multidisciplinary team approach and program activities and services are designed to meet the fidelity standards of the model as required by the state. The team includes both a child/adolescent and an adult psychiatrist, mental health consultants, a peer support specialist, employment specialists, an occupational therapist, and a nurse. The team has been formed to include linguistically and culturally specific consultants to reflect the population served.

Treatment is community-based and consists of services tailored to meet the unique needs of each client. Clients are matched with a psychiatrist and a mental health consultant based on age, personal preferences, and cultural needs. Clients can choose from any of the following services to support their unique goals and needs: medication management, case management, support for employment, psychiatric nursing services, peer support, occupational therapy assessment and intervention, multi-family group, individual and/or family psychotherapy, psychoeducation, and social skills building groups.

**Performance Measures**

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Total individuals enrolled in the EASA program receiving ongoing services.	126	120	125	120
Outcome	% reduction in hospitalization rate three months pre-enrollment and 6 months post-enrollment <sup>1</sup>	96%	90%	92%	90%
Output	Number of unduplicated individuals referred to the EASA program.	229	200	226	200

**Performance Measures Descriptions**

<sup>1</sup> This measure compares the hospitalization rate for the three months prior to services with the rate for the six months post EASA service enrollment which is an indication of the stabilization of the individual.

## Legal / Contractual Obligation

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Addictions and Mental Health Services.

## Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$406,681	\$2,306,751	\$599,082	\$1,960,965
Contractual Services	\$9,415	\$179,633	\$9,640	\$179,633
Materials & Supplies	\$0	\$6,834	\$0	\$6,805
Internal Services	\$13,991	\$357,086	\$87	\$492,193
Cash Transfers	\$0	\$532,343	\$0	\$0
<b>Total GF/non-GF</b>	<b>\$430,087</b>	<b>\$3,382,647</b>	<b>\$608,809</b>	<b>\$2,639,596</b>
<b>Program Total:</b>	<b>\$3,812,734</b>		<b>\$3,248,405</b>	
<b>Program FTE</b>	2.17	14.23	3.23	11.17

Program Revenues				
Intergovernmental	\$0	\$2,725,982	\$0	\$1,911,588
Service Charges	\$0	\$656,665	\$0	\$728,008
<b>Total Revenue</b>	<b>\$0</b>	<b>\$3,382,647</b>	<b>\$0</b>	<b>\$2,639,596</b>

## Explanation of Revenues

This program generates \$67,475 in indirect revenues.

\$ 718,008 - Fee For Service Insurance Receipts

\$ 10,000 - State Vocational Rehabilitation Award

State \$ 1,353,208 - State Mental Health Grant based on 2021 IGA with State of Oregon

State \$ 249,854 - SMHG MHS 38

Federal \$ 10,124 - MHS-26 EASA-MHBG

Care OR \$ 298,402 - EASA

## Significant Program Changes

**Last Year this program was:** FY 2025: 40078A Early Assessment & Support Alliance

EASA is launching a new program called Stepdown. The goal of the Stepdown program is to provide clients with a bridge between the extensive services provided by the EASA program and independently managing their health.