

Program #40080 - Community Based MH Services for Children & Families 7/21/2015

Department: Health Department **Program Contact:** Ebony Clarke
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics:

Executive Summary

Community Based Mental Health for children and youth serves over 11,000 at risk children up to age 21 through a continuum of prevention, early intervention and treatment services. The majority of funding is contracted to Certified Mental Health Providers in Multnomah County. A small portion supports Early Childhood Headstart Mental Health Prevention Services and Child Abuse Mental Health services at CARES NW.

Program Summary

Services range from prevention/early intervention to a comprehensive continuum of treatment services in treatment centers, in clinics, in homes, in schools, and in the community. These services support children and youth in the least restrictive setting. The continuum of services for at risk children includes: Early Childhood and Head Start Mental Health Services and Child Abuse Mental Health Services at CARES NW provided by Multnomah County Direct Clinical Services and HSO Multnomah contracted services for Outpatient, Intensive Home Based Services, Psychiatric Day Treatment, Psychiatric Residential Treatment Services, Subacute, and Respite.

Evidence-based practices for at risk children and their families are used to deliver: Incredible Years parent groups, early childhood classroom consultation, psychiatric day treatment, crisis respite, individual and group therapy, skill building and medication management. Care is coordinated with allied agencies such as Child Welfare, MESD and Schools, Head Start programs, Developmental Disabilities, Dept of Community Justice Juvenile Justice, Wraparound, School Based Mental Health and Physical Healthcare to ensure the best outcomes for children and youth.

Culturally competent services promote the development of healthy attachments and positive parenting practices so that needs are addressed before they become acute. The goal of every program in this array is to promote educational success and to keep vulnerable children in home with their families, or permanent foster care or with other long-term caregivers. The prevention and early intervention services, provided by the Early Childhood and Head Start Programs, for 5,485 children, addresses child and family needs before they become more acute. The Child Abuse Mental Health program (CARES NW), reduces the trauma of 1175 vulnerable children and their families which, in turn, reduces their risk of developing long-term health and mental health problems. Outpatient Services deliver a family-centered model to 4,352 children and parents, and seek to promote long term stability. Intensive mental health treatment services intervene in crisis situations to keep children at home, in school, and out of trouble.

This service array is in keeping with the goals of both the Early Childhood and School Aged Policy Frameworks and the Early Learning Multnomah school readiness goals starting February 1, 2014 as they relate to; integration, strengthening families and promoting educational success for children at risk for or with mental illness.

Performance Measures

Measure Type	Primary Measure	FY14 Actual	FY15 Purchased	FY15 Estimate	FY16 Offer
Output	Total children receiving outpatient services ¹	4,162	4,352	4,154	4,154
Outcome	% of children demonstrating improvement in their global distress score ²	75%	71%	76%	76%

Performance Measures Descriptions

¹ This measure is the number of unduplicated children and youth ages 0 - 20 with at least one reported mental health treatment encounter in any outpatient service. Healthshare of Oregon Multnomah Mental Health, Verity, and Multnomah Treatment Fund (MTF) claims data.

² The ACORN is a short and frequent survey where clients rate their symptoms. The global distress score is the average score of all items on the survey, and with repeat measurement provides an accurate measure of change over time.

Legal / Contractual Obligation

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Additions and Mental Health Services

Health Share of Oregon Risk Accepting Entity Participation Agreement

Head Start Revenue Contract

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2015	2015	2016	2016
Personnel	\$1,339,535	\$1,076,660	\$1,421,780	\$1,411,361
Contractual Services	\$138,543	\$14,362,524	\$101,970	\$11,245,047
Materials & Supplies	\$15,825	\$16,974	\$0	\$10,888
Internal Services	\$159,000	\$847,465	\$169,543	\$1,271,936
Total GF/non-GF	\$1,652,903	\$16,303,623	\$1,693,293	\$13,939,232
Program Total:	\$17,956,526		\$15,632,525	
Program FTE	11.84	9.56	12.27	12.55

Program Revenues				
Indirect for Dept. Admin	\$393,233	\$0	\$795,957	\$0
Intergovernmental	\$0	\$16,303,622	\$111,432	\$13,939,232
Service Charges	\$111,432	\$0	\$0	\$0
Total Revenue	\$504,665	\$16,303,622	\$907,389	\$13,939,232

Explanation of Revenues

\$13,159,984 - Healthshare of Oregon (Medicaid): Based on FY15 Rate per Client times number of clients as of 12/31/14

\$627,556 - State Mental Health Grant Flex Funds: Based on FY15 grant award

\$151,692 - Head Start Contracts: Based on FY15 grant awards

Significant Program Changes

Last Year this program was: FY 2015: 25067A Community Based MH Services for Children & Families