



Program #40080 - Community Based MH Services for Children & Families 5/6/2020

Department: Health Department **Program Contact:** Tracy Garell
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Proposed
Related Programs:
Program Characteristics:

Executive Summary

Community Based Mental Health for Children, Youth and Families provide critical safety net services for children and youth who are uninsured, underinsured, and are in need of mental health services. Over 1800 youth are served by these critical safety net services each year. Evidence-based, trauma-informed practices for at risk children and their families are used to deliver: crisis response, family support, individual/group therapy, skill building and medication management.

Program Summary

Multnomah County Community Based Mental Health offers a range of safety net services from Emergency Department crisis intervention to a comprehensive continuum of mental health treatment services in clinics, homes, and community. The continuum of services for at risk children includes: child abuse mental health services at CARES NW, Crisis and Acute Transition Services (CATS) an emergency department/hospital division program for youth with intensive and acute mental health needs, and Multnomah Treatment Fund for under or uninsured children.

Multnomah Treatment Fund contracts with mental health providers in the community to provide treatment to underserved children who need treatment services but have no insurance or are under insured. The Crisis and Acute Transition Service (CATS) provides access to responsive, effective, rapidly accessible mental health care and transition support for youth and their families experiencing acute crisis. The CATS program provides intensive crisis support to keep children at home, with their natural support system, and in school. CARES NW is a child abuse evaluation center where mental health consultants provide trauma informed care to children and their families. CARES mental health consultants work with children and their families, using culturally responsive practices, to mitigate and reduce the impact of trauma on long-term health and mental health problems. Multnomah County utilizes an equity lens while providing technical assistance and support to these external providers.

In all of these programs, care is coordinated with allied partners such as Child Welfare, Juvenile Services, Wraparound, School Based Mental Health, and primary care providers to ensure systems are promoting optimal outcomes for children, youth and families.

Performance Measures

Measure Type	Primary Measure	FY19 Actual	FY20 Budgeted	FY20 Estimate	FY21 Offer
Output	Total Multnomah County Children who receive Mental Health or Family Support Services at CARES NW ¹	583	NEW	452	300
Outcome	% of children having a mental health crisis at an ED/Crisis Center that have a CATS team response in un	98.5%	NEW	99%	95%

Performance Measures Descriptions

¹There are anticipated changes in the CARES NW program structure which has impacted projected program offer numbers
²This measure is collected from OHSU's REDCAP CATS Report

Legal / Contractual Obligation

CARES NW Washington County Contract
CATS contract with NAMI and Catholic Community Services of Western Washington
MTF Contracts with Trillium, Lifeworks and Morrison

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2020	2020	2021	2021
Personnel	\$336,030	\$406,127	\$204,002	\$531,769
Contractual Services	\$0	\$818,684	\$0	\$0
Materials & Supplies	\$77	\$763	\$393	\$837
Internal Services	\$86,444	\$38,345	\$40,985	\$130,657
Total GF/non-GF	\$422,551	\$1,263,919	\$245,380	\$663,263
Program Total:	\$1,686,470		\$908,643	
Program FTE	2.35	2.75	1.25	3.92

Program Revenues				
Intergovernmental	\$0	\$1,263,919	\$0	\$222,299
Beginning Working Capital	\$0	\$0	\$0	\$440,964
Total Revenue	\$0	\$1,263,919	\$0	\$663,263

Explanation of Revenues

This program generates \$46,189 in indirect revenues.

- \$ 157,792 - Head Start Contracts
- \$ 64,507 - CAMI Grant
- \$ 440,964 - Beginning Working Capital

Significant Program Changes

Last Year this program was: FY 2020: 40080-20 Community Based MH Services for Children & Families

Multnomah County no longer holds the contracts with Health Share mental health providers and this program offer was updated to reflect this change. Early Childhood was removed and was made into its own program offer (40099). The contract with Washington County that supports CARES NW is ending at the end of this fiscal year