



Program #40080 - Community Based Mental Health Services for Children & Families FY 2026 Department Requested

Department: Health Department **Program Contact:** Yolanda Gonzalez
Program Offer Type: Operating **Program Offer Stage:** Department Requested
Related Programs:
Program Characteristics:

Program Description

Community Based Mental Health for Children, Youth and Families provide critical safety net services to children and youth who are in need of culturally responsive mental health services as it relates to child abuse and trauma. Evidence based, trauma-informed practices are used to deliver: family support, individual/group therapy, skill building and violence prevention services. Multnomah County is dedicated to providing behavioral health services to those impacted by gun violence and developed the Gun Violence Behavioral Health Response Team.

Multnomah County Community Based Mental Health offers a range of services for at risk youth includes: child abuse mental health services at Child Abuse Response and Evaluation Services North West (CARES NW) Multnomah Treatment Fund mental health services for under or uninsured children and violence prevention and mental health support for those impacted by gun violence.

Mental health providers in the community provide treatment to underserved children who need treatment services but have no insurance or are under insured. CARES NW is a child abuse evaluation center, mental health consultants provide trauma informed support and resources to children and their families. CARES NW mental health consultants work with children and their families, using culturally responsive practices, to mitigate and reduce the negative impact of trauma on long-term health, including mental health. Our CARES NW consultants represent the communities that we serve and have language and cultural Knowledge Skills and Abilities.

The Gun Violence Behavioral Health Response team provides a range of culturally relevant, evidence based mental health services for the African American community, a highly impacted community, for youth (age 10-25) and their families. Staff utilize lived experience and evidence based practices to provide culturally specific mental health prevention support, mental health treatment services, consultation, outreach and engagement. Staff collaborate with community providers and internal county programs to provide consultation, education, outreach, and engagement and connection to mental health services. They assist with outreach to schools, colleges, emergency rooms, community services, health and social services providers and community meetings to share referral information and general education as it relates to community gun violence and behavioral health services.

Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Total children who receive Mental Health or Family Support Services at CARES NW from Mult Co staff	136	100	118	100
Output	Total children who received Behavioral Health service through African American KSA	12	20	34	20
Output	Total # of children who received behavioral health services from the Gun Violence BH Response Team	83	40	85	85

Performance Measures Descriptions

CARES NW measure is the # of youth and families who receive direct family support services from our staff co-located at Legacy Site.

The Gun Violence measures include # of clients who received a mental health service by our specific African American KSA funded with this program offer and the program as a whole.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Department Requested General Fund	Department Requested Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$1,372,636	\$238,045	\$733,672	\$1,041,853
Contractual Services	\$0	\$0	\$0	\$119,763
Materials & Supplies	\$16,723	\$799	\$1,342	\$0
Internal Services	\$43,693	\$104,318	\$44,577	\$289,790
Total GF/non-GF	\$1,433,052	\$343,162	\$779,591	\$1,451,406
Program Total:	\$1,776,214		\$2,230,997	
Program FTE	8.15	1.20	4.15	6.20

Program Revenues				
Intergovernmental	\$0	\$343,162	\$0	\$545,066
Beginning Working Capital	\$0	\$0	\$0	\$906,340
Total Revenue	\$0	\$343,162	\$0	\$1,451,406

Explanation of Revenues

This program generates \$131,927 in indirect revenues.
Headstart Revenue

- David Douglas - \$40,000
- Portland Public - \$44,292
- Mt Hood Community College - \$40,000
- Albina - \$207,603
- Neighborhood hose - \$3,000
- OCDC - \$7,500
- PLACEHOLDER City of Gresham - \$202,671
- OHA CFAA Settlement - \$906,340

Significant Program Changes

Last Year this program was: FY 2025: 40080 Community Based Mental Health Services for Children & Families

The Gun Violence Response team was funded by BWC for FY26 and is being moved from 40080B to 40080.