

Division: Behavioral Health

Program Characteristics:

Program Description

Community Based Mental Health for Children, Youth and Families offers essential safety net services, providing culturally-responsive mental health support for children and youth impacted by child abuse and trauma. The program uses evidence-based, trauma-informed practices for family support, individual/group therapy, skill-building, and violence prevention. Multnomah County also created the Gun Violence Behavioral Health Response Team (GV-BHRT) to serve those affected by gun violence. Services for at-risk youth include child abuse mental health services at Child Abuse Response and Evaluation Services North West (CARES NW) and support for those impacted by gun violence.

CARES NW, a child abuse evaluation center, offers trauma-informed mental health support and resources to families. It also provides consultation and training for providers to support LGBTQIA2S+ youth. The GV-BHRT delivers culturally relevant, evidence-based mental health services to youth (age 10-25) and their families in the African American and Latine communities. Staff utilize lived experience for culturally specific prevention, treatment, consultation, and outreach, collaborating with partners for education and connection to mental health services in schools, colleges, health providers, and community meetings.

This program offer may be impacted by a Chair's budget reduction.

Equity Statement

GV-BHRT and CARES NW mental health consultants work with children and their families, using culturally responsive practices to mitigate and reduce the negative impact of trauma on long-term health, including mental health. Our consultants have knowledge, skills, and abilities to work with the communities that we serve both culturally and linguistically.

Revenue/Expense Detail

	2026 General Fund	2026 Other Funds	2027 General Fund	2027 Other Funds
Personnel	\$731,873	\$1,041,853	\$744,876	\$152,707
Contractual Services	\$0	\$119,763	\$0	\$0
Materials & Supplies	\$1,342	\$206	\$0	\$185
Internal Services	\$44,577	\$289,584	\$55,486	\$225,340
Total GF/non-GF	\$777,792	\$1,451,406	\$800,362	\$378,232
Total Expenses:	\$2,229,198		\$1,178,594	
Program FTE	4.15	6.20	3.90	0.87
Program Revenues				
Intergovernmental	\$0	\$545,066	\$0	\$0
Beginning Working Capital	\$0	\$906,340	\$0	\$35,837
Service Charges	\$0	\$0	\$0	\$342,395
Total Revenue	\$0	\$1,451,406	\$0	\$378,232

Performance Measures

Performance Measure	FY25 Actual	FY26 Estimate	FY27 Target
Total children who receive Mental Health or Family Support Services at CARES NW from Mult Co staff	147	236	236
Total # of children who received behavioral health services from the Gun Violence BH Response Team	119	150	0