

**Department:** Health Department      **Program Contact:** Yolanda Gonzalez  
**Program Offer Type:** Existing Operating Program      **Program Offer Stage:** As Requested  
**Related Programs:**  
**Program Characteristics:** In Target

**Executive Summary**

Community Based Mental Health for Children, Youth and Families provide critical safety net services and operates from an equity lens to ensure children and youth who are uninsured, underinsured, and are in need of mental health services receive culturally responsive care. Over 200 youth are served by these critical safety net services each year. Evidence-based, trauma-informed practices for at-risk children and their families are used to deliver: crisis response, family support, individual/group therapy, skill building and medication management.

**Program Summary**

Multnomah County Community Based Mental Health offers a range of safety net services from Emergency Department crisis intervention to a comprehensive continuum of mental health treatment services in clinics, homes, and the community. The continuum of services for at risk youth includes: child abuse mental health services at CARES NW (Child Abuse Response and Evaluation Services North West), Crisis and Acute Transition Services (CATS) an emergency department/hospital division program for youth with intensive and acute mental health needs, and Multnomah Treatment Fund for under or uninsured children.

Multnomah Treatment Fund contracts with mental health providers in the community to provide treatment to underserved children who need treatment services but have no insurance or are under insured. The Crisis and Acute Transition Service (CATS) provides access to responsive, effective, rapidly accessible mental health care and transition support for youth and their families experiencing acute crisis. The CATS program provides intensive crisis support in order to retain youth in their home with their natural support system, and to remain in school. The CATS contractor hires family partners that reflect the lived experience of families they serve as well as the cultural and linguistic needs of the community. CARES NW is a child abuse evaluation center, mental health consultants provide trauma informed support and resources to children and their families. CARES mental health consultants work with children and their families, using culturally responsive practices, to mitigate and reduce the negative impact of trauma on long-term health, including mental health. Our CARES consultants have Knowledge Skills and Abilities focused on Spanish Language and African American Culture.

Multnomah County provides support and accountability around equity to these external providers utilizing the internal Multnomah County Equity and Empowerment lens Framework. Use of this equity lens results in improved services to best meet the needs of our black and brown communities. In all of these programs, care is coordinated with allied partners such as Child Welfare, Juvenile Services, Wraparound, School Based Mental Health, and primary care providers to ensure systems are promoting optimal outcomes for children, youth and families.

**Performance Measures**

Measure Type	Primary Measure	FY21 Actual	FY22 Budgeted	FY22 Estimate	FY23 Offer
Output	Total Multnomah County Children who receive Mental Health or Family Support Services at CARES NW <sup>1</sup>	154	300	100	100
Outcome	% of children having a mental health crisis at an ED/Crisis Center that have a CATS team response in un	100%	95%	100%	95%

**Performance Measures Descriptions**

<sup>1</sup>The program model changed twice in this reporting period, which impacted data. See program changes section for details. Currently 2 positions are funded and there is one vacancy in the program

<sup>2</sup>This measure is collected from OHSU's REDCAP CATS Report

## Legal / Contractual Obligation

CATS contracts with NAMI and Catholic Community Services of Western Washington. MTF Contracts with Lifeworks and Morrison.

## Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Requested General Fund	Requested Other Funds
<b>Program Expenses</b>	<b>2022</b>	<b>2022</b>	<b>2023</b>	<b>2023</b>
Personnel	\$117,999	\$153,303	\$255,658	\$184,982
Contractual Services	\$0	\$322,656	\$0	\$301,319
Materials & Supplies	\$649	\$837	\$17,450	\$1,556
Internal Services	\$78,156	\$71,021	\$29,699	\$68,254
<b>Total GF/non-GF</b>	<b>\$196,804</b>	<b>\$547,817</b>	<b>\$302,807</b>	<b>\$556,111</b>
<b>Program Total:</b>	<b>\$744,621</b>		<b>\$858,918</b>	
<b>Program FTE</b>	0.70	1.07	1.56	1.21

<b>Program Revenues</b>				
Intergovernmental	\$0	\$547,817	\$0	\$556,111
<b>Total Revenue</b>	<b>\$0</b>	<b>\$547,817</b>	<b>\$0</b>	<b>\$556,111</b>

## Explanation of Revenues

- \$ 154,792 - Head Start Contracts
- \$ 100,000 - CAMI Grant
- \$ 172,656 - Federal Community Block Grant SE 08 Crisis & Acute transition Services
- \$ 128,663 - Community Block Grant SE 08 Crisis & Acute transition Services

## Significant Program Changes

**Last Year this program was:** FY 2022: 40080 Community Based MH Services for Children & Families

There were anticipated and unanticipated changes in the CARES NW program structure this year. Between October and March 2021, the CARES Family Support team switched from their Family Support Model to a more intensive evidence-based treatment prevention model (Child and Family Stress Intervention) and parent support for fewer families rather than their old model which provided less support for more families. Starting in March the team moved back to their previous Family Support model due to clinic needs. Additionally, there were staffing reductions due to contract funding being reallocated from Multnomah County to CARES and program restructuring at CARES NW.