

Division: Behavioral Health

Program Characteristics:

Program Description

Community Based Mental Health for Children, Youth and Families offers essential safety net services, providing culturally-responsive mental health support for children and youth impacted by child abuse and trauma. The program uses evidence-based, trauma-informed practices for family support, individual/group therapy, skill-building, and violence prevention.

This program offer also includes a Mental Health Consultant position with an LGBTQIA2S+ Knowledge, Skills, and Ability (KSA) that provides internal teams with consultation and training.

Equity Statement

Mental health consultants placed in the CARES NW program work with children and their families, using culturally responsive practices to mitigate and reduce the negative impact of trauma on long-term health, including mental health. Our consultants have knowledge, skills, and abilities to work with the communities that we serve both culturally and linguistically.

Revenue/Expense Detail

	2026 General Fund	2026 Other Funds	2027 General Fund	2027 Other Funds
Personnel	\$731,873	\$1,041,853	\$577,382	\$153,890
Contractual Services	\$0	\$119,763	\$0	\$0
Materials & Supplies	\$1,342	\$206	\$62	\$21,085
Internal Services	\$44,577	\$289,584	\$55,393	\$224,157
Total GF/non-GF	\$777,792	\$1,451,406	\$632,837	\$399,132
Total Expenses:	\$2,229,198		\$1,031,969	
Program FTE	4.15	6.20	2.90	0.87
Program Revenues				
Intergovernmental	\$0	\$545,066	\$0	\$0
Beginning Working Capital	\$0	\$906,340	\$0	\$56,737
Service Charges	\$0	\$0	\$0	\$342,395
Total Revenue	\$0	\$1,451,406	\$0	\$399,132

Performance Measures

Performance Measure	FY25 Actual	FY26 Estimate	FY27 Target
Total children who receive Mental Health or Family Support Services at CARES NW from Mult Co staff	147	236	236
Total children who receive a suicide screening from the CARES NW team	N/A	N/A	30