

Department: Health Department **Program Contact:** William Baney
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs: 40080,
Program Characteristics: Measure 5 Education

Executive Summary

School Based Mental Health is a vital component of the system of care for children and families, serving over 1500 children and teens with serious mental health disorders in 6 school districts: Centennial, David Douglas, Gresham Barlow, Reynolds, Parkrose and Portland Public School Districts. Mental health professionals provide evidence-based treatment in the school setting. Additionally, children, parents and school staff receive consultation from mental health consultants to assist with mental health needs during education planning to retain students in school and reduce risk of higher levels of care.

Program Summary

Mental health treatment is provided in schools to decrease barriers such as stigma, cost and transportation for 1500 underserved families. This program reaches youth who have not accessed services in a mental health clinic and over 43% of those served were children of color. Approximately 75% of the children served were insured by the Oregon Health Plan.

Multnomah County and School Districts recognize that there is a continuum of need from prevention to mental health treatment/ support for students and their families. No one partner is prepared or responsible to the needs of all identified. The ongoing need for culturally specific/responsive mental health treatment and outreach continues to be a priority, to ensure capacity and supports are available to assist with improving attendance for students served, leading to school completion and raising indicators for economic well being and improved health.

School based mental health consultants provide screening; crisis intervention; mental health assessment; individual, group and family treatment; and clinical case management. School based mental health consultants provide consultation to education staff to optimize educational planning for children with mental health challenges. Mental health consultants are co-located in School-Based Health Clinics when possible to provide integrated physical and mental health services.

Locating mental health services in schools is a best practice and Multnomah County has been a leader in the nation by providing this program since 1989. Through this program children and teens with mental health disorders or at risk of harming themselves or others are identified and receive intervention. Mental health disorders may interfere with education completion which has lifelong implications for self-sufficiency and health outcomes. In Oregon, suicide remains the second leading cause of death among young people. Earlier identification and treatment can save lives, divert children from higher cost and more restrictive services and improve lifelong socio-economic and wellness outcomes. This program meets a child's basic need for mental health and is congruent with the goals of the Cradle to Career Framework.

Performance Measures

Measure Type	Primary Measure	FY15 Actual	FY16 Purchased	FY16 Estimate	FY17 Offer
Output	Total unduplicated children receiving mental health services	1,531	1,500	1,700	1,700
Outcome	ACORN Distribution of Patient Change Rate reported by client/student as their perception of improvement. (NEW)	62%	81.5%*	55%	60%

Performance Measures Descriptions

*Changed Performance Measure 2 Outcome to a client/student reported perception of change versus the previous measure of a clinician observation of improvement. Client reported outcomes are accepted as more valid as the person receiving services is reporting changes through a global distress scale measure reported over the course of treatment.

Legal / Contractual Obligation

Revenue contracts with school districts.

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Additions and Mental Health Services

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2016	2016	2017	2017
Personnel	\$1,069,045	\$1,378,338	\$1,036,565	\$1,558,914
Materials & Supplies	\$12,547	\$14,927	\$8,857	\$1,129
Internal Services	\$73,030	\$153,151	\$311,284	\$96,293
Total GF/non-GF	\$1,154,622	\$1,546,416	\$1,356,706	\$1,656,336
Program Total:	\$2,701,038		\$3,013,042	
Program FTE	9.25	13.46	9.04	13.14

Program Revenues				
Indirect for Dept. Admin	\$0	\$0	\$26,848	\$0
Intergovernmental	\$137,266	\$1,546,416	\$0	\$1,456,337
Service Charges	\$0	\$0	\$137,265	\$199,999
Total Revenue	\$137,266	\$1,546,416	\$164,113	\$1,656,336

Explanation of Revenues

- \$ 137,265 - Federally Qualified Health Center Medicaid Wraparound payments
- \$ 237,547 - Local Public Health Agency IGA with State of Oregon for School Based Clinics
- \$ 22,498 - Parkrose School District
- \$ 74,996 - Centennial School District
- \$ 199,999 - Fee for Service Insurance Receipts
- \$ 177,000 - Portland Public Schools
- \$ 944,296 - State Mental Health Grant: MHS Special Projects based on 2015-2017 IGA with State of Oregon

Significant Program Changes

Last Year this program was: FY 2016: 40082A-16 School Based Mental Health Services

and FY 2016: 40082B-16 Expansion of School Based Mental Health Services