

**Department:** Health Department

**Program Contact:** Yolanda Gonzalez

**Program Offer Type:** Operating

**Program Offer Stage:** Adopted

**Related Programs:**
**Program Characteristics:**
**Program Description**

Since 1969, Multnomah County has been a leader in the nation in providing access to mental health services in schools. School Based Mental Health Professionals serve children and teens with mental health needs in 34 elementary, middle and high schools across multiple districts in Multnomah County. Mental health assessment and treatment services provided in schools decrease barriers such as stigma, cost, and transportation. This program reaches youth who are traditionally underserved and have barriers to accessing mental health services. Providing culturally specific mental health outreach and treatment continues to be a priority. Roughly half of the youth served are youth of color served by a diverse staff that represent the communities they serve. Cultural alignment with students increases therapeutic alliance which can assist with addressing mental health concerns, building trust, and improving school attendance.

This culturally specific approach contributes to youth completing school, which is a strong indicator for lifelong economic wellbeing and improved overall health. SBMH Mental Health Consultants provide screening, crisis intervention, mental health assessment, clinical case management and individual, group, and family treatment. Mental Health Consultants also provide training and consultation to school staff to optimize educational planning for youth with mental health concerns.

Multnomah County and School Districts collaborate to address the continuum of needs for students and their families; and to fulfill the School District's mandate to provide these services. School Based Mental Health Consultants provide treatment, prevention, education, consultation, and outreach to students, school staff, and families every school year.

In FY26, the program will operate under a model that improves business rigor, increases revenue through billable services, and seeks to build sustainability over time.

**Performance Measures**

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Total unduplicated youth referred to SBMH for assessment and/or treatment services	737	750	676	725
Output	Total # of people served with prevention, educational, consultation and outreach activities/events in school com	N/A	N/A	2,286	2,000
Outcome	Percentage of youth enrolled in services who receive suicide screening	N/A	N/A	100%	100%
Output	# billable clinical services per year	N/A	N/A	N/A	3,300

**Performance Measures Descriptions**

Program is switching EHR's to EPIC which, due to training and transition time, will cause the team to lose a month of clinical service time, thus impacting potential billable clinical sessions for FY26

## Legal / Contractual Obligation

Revenue contracts with school districts. Oregon Health Authority, Intergovernmental Agreement for the Financing of Community Addictions and Mental Health Services.

## Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$3,125,272	\$2,462,048	\$1,989,047	\$2,526,382
Contractual Services	\$0	\$8,000	\$75,000	\$7,870
Materials & Supplies	\$81,677	\$10,380	\$10,775	\$295
Internal Services	\$250,051	\$589,652	\$425,222	\$417,262
<b>Total GF/non-GF</b>	<b>\$3,457,000</b>	<b>\$3,070,080</b>	<b>\$2,500,044</b>	<b>\$2,951,809</b>
<b>Program Total:</b>	<b>\$6,527,080</b>		<b>\$5,451,853</b>	
<b>Program FTE</b>	20.26	13.48	10.61	14.21

Program Revenues				
Intergovernmental	\$0	\$2,520,080	\$0	\$1,636,336
Beginning Working Capital	\$0	\$0	\$0	\$177,664
Service Charges	\$0	\$550,000	\$0	\$1,137,809
<b>Total Revenue</b>	<b>\$0</b>	<b>\$3,070,080</b>	<b>\$0</b>	<b>\$2,951,809</b>

## Explanation of Revenues

This program generates \$190,078 in indirect revenues.

\$845,125 - MHS-20: School-Based Mental Health - Block Grant - GY25

\$550,000 - SBMH Insurance

\$366,904 - MHS-20: School-Based Mental Health - GY25

\$177,000 - SBMH - Portland Public School District

\$112,307 - School Based Clinics - Mental Health Expansion - Behavioral Health - Capacity

\$75,000 - SBMH - Centennial School District

\$37,500 - SBMH - Reynolds School District

\$22,500 - SBMH - Parkrose School District

\$177,664 - Beginning Working Capital

\$587,809 - Medicaid Revenue

## Significant Program Changes

**Last Year this program was:** FY 2025: 40082 School Based Mental Health Services

In FY 2026, The School Based Mental Health (SBMH) program has several program changes that will improve business rigor, revenue and sustainability over time. The Clinical SBMH team was kept whole, allowing the program to maximize service delivery. Due to funding constraints, the K-12 case management services were fully eliminated. This resulted in the reduction of 9.15 FTE. BHD will work with School Districts and other partners to mitigate impacts of case management services on students.

This program was adjusted by Board Amendment 1 to restore 5.01 FTE and funding of \$834,122 (a combination of General Fund and new Medicaid revenue).