

**Department:** Health Department **Program Contact:** Ebony Clarke  
**Program Offer Type:** Existing Operating Program **Program Offer Stage:** As Adopted  
**Related Programs:**  
**Program Characteristics:** Measure 5 Education

### Executive Summary

School Based Mental Health is a vital component of the system of care for children and families, serving over a thousand children and teens with serious mental health disorders in 6 school districts: Centennial, David Douglas, Gresham Barlow, Reynolds, Parkrose and Portland Public. Mental health professionals provide evidence-based treatment in the school setting. Additionally, children, parents and school staff receive consultation from mental health consultants to assist with mental health needs during education planning to retain students in school and reduce risk of higher levels of care.

### Program Summary

Mental health treatment is provided in schools to decrease barriers such as stigma, cost and transportation for 1300 underserved families. This program reaches youth who have not accessed services in a mental health center and over 50% of those served were children of color. Approximately 70% of the children served were uninsured or insured by the Oregon Health Plan.

School based mental health consultants provide screening; crisis intervention; mental health assessment; individual, group and family treatment; and clinical case management. School based mental health consultants provide consultation to education staff to optimize educational planning for children with mental health challenges. Mental health consultants are co-located in School-Based Health Clinics when possible to provide integrated physical and mental health services.

Locating mental health services in schools is a best practice and Multnomah County has been a leader in the nation by providing this program since 1989. Through this program children and teens with mental health disorders or at risk of harming themselves or others are identified and receive intervention. Mental health disorders may interfere with education completion which has lifelong implications for self-sufficiency and health outcomes. In Oregon, suicide remains the second leading cause of death among young people. Earlier identification and treatment can save lives, divert children from higher cost and more restrictive services and improve lifelong socio-economic and wellness outcomes. This program meets a child's basic need for mental health and is congruent with the goals of Cradle to Career Framework.

### Performance Measures

Measure Type	Primary Measure	FY14 Actual	FY15 Purchased	FY15 Estimate	FY16 Offer
Output	Total unduplicated children receiving mental health services	1,296	1,112	1,300	1,500
Outcome	% of children receiving services showing improved school behavior & attendance <sup>1</sup>	82.5%	81.5%	82%	82%

### Performance Measures Descriptions

<sup>1</sup> Improvements in school behavior and attendance are measures that reflect a child's overall success at home, in school and in the community (MOTS).

## Legal / Contractual Obligation

Revenue contracts with school districts.

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Additions and Mental Health Services

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
<b>Program Expenses</b>	<b>2015</b>	<b>2015</b>	<b>2016</b>	<b>2016</b>
Personnel	\$733,254	\$1,140,161	\$792,940	\$943,265
Materials & Supplies	\$4,085	\$23,963	\$923	\$0
Internal Services	\$3,051	\$151,075	\$73,030	\$153,151
<b>Total GF/non-GF</b>	<b>\$740,390</b>	<b>\$1,315,199</b>	<b>\$866,893</b>	<b>\$1,096,416</b>
<b>Program Total:</b>	<b>\$2,055,589</b>		<b>\$1,963,309</b>	
<b>Program FTE</b>	7.00	8.83	6.39	8.51

<b>Program Revenues</b>				
Indirect for Dept. Admin	\$6,440	\$0	\$0	\$0
Intergovernmental	\$0	\$1,315,199	\$137,266	\$1,096,416
Other / Miscellaneous	\$0	\$0	\$0	\$0
Service Charges	\$92,731	\$0	\$0	\$0
<b>Total Revenue</b>	<b>\$99,171</b>	<b>\$1,315,199</b>	<b>\$137,266</b>	<b>\$1,096,416</b>

## Explanation of Revenues

\$777,040 - State Mental Health Grant Flex Funds: Based on FY15 grant award

\$234,376 - Fee for Service Insurance Receipts: Based on current year projections

\$75,000 - Centennial School District

\$10,000 - Parkrose School District

## Significant Program Changes

**Last Year this program was:** FY 2015: 25075A School Based Mental Health Services

Scale up from FY 2015 (25075B) Cultural Outreach Specialist African American resulted in 125% increase in service from the prior year to African American students. Services include Prevention, Education and Outreach as well as Screening, Assessment and Treatment Services and is fully incorporated into this program offer.