

Program #40082B - School Based Mental Health - Expansion 7/21/2015

Department: Health Department **Program Contact:** Ebony Clarke
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs: 40082A
Program Characteristics: Measure 5 Education

Executive Summary

School Based Mental Health is a vital component of the system of care for children and families, serving over a thousand children and teens with serious mental health disorders in 6 school districts: Centennial, David Douglas, Gresham Barlow, Reynolds, Parkrose and Portland Public. Mental Health professionals provide evidence-based treatment in the school setting. Additionally, children, parents and school staff receive consultation from mental health consultants to assist with mental health needs during education planning to retain students in school and reduce risk of higher levels of care.

Program Summary

Mental health treatment is provided in schools to decrease barriers such as stigma, cost and transportation. This program reaches youth who have not accessed services in a mental health center and over 50% of those served are children of color. Approximately 70% of the children served are uninsured or insured by the Oregon Health Plan.

Multnomah County and School Districts recognize that there is a continuum of need from prevention to mental health treatment/ support for students and their families. No one partner is prepared or responsible to the needs of all identified. There is also a need for increased mental health treatment and outreach capacity that focuses on culturally specific/responsive services, in addition to suicide prevention and education.

Locating mental health services in schools is a best practice, and Multnomah County has been a leader in the nation by providing this program since 1989. Through this program children and teens with mental health disorders or at risk of harming themselves or others, are identified and receive intervention. Mental health disorders may interfere with education completion which has lifelong implications for self-sufficiency and health outcomes. In Oregon, suicide remains the second leading cause of death among young people. Earlier identification and treatment can save lives, divert children from higher cost and more restrictive services, and improve lifelong socio-economic and wellness outcomes. This program meets a child's basic need for mental health and is congruent with the goals of Cradle to Career Framework.

This program offer adds 9 positions, preserving added services and staff funded by a State Health Capacity Grant for 2014 -2015. The scale up would support increased culturally specific SBMH services, serving an additional 350 students and families. Seven of the FTE would be dedicated to Mental Health Consultants with the majority supporting Culturally Specific Consultants to aid in meeting the needs of Latino and African American students. The balance would provide administrative staff to support the expansion. This new funding will sustain/increase mental health treatment and supports to assist with improving attendance for students served, leading to school completion and raising indicators for economic well being and improved health.

Performance Measures

Measure Type	Primary Measure	FY14 Actual	FY15 Purchased	FY15 Estimate	FY16 Offer
Output	Total unduplicated children receiving mental health services	0	0	0	350
Outcome	% of children receiving services showing improvement in school behavior and attendance (1)	0	0	0	82%

Performance Measures Descriptions

1 Improvements in school behavior and attendance are measures that reflect a child's overall success at home, in school and in the community (MOTS).

Legal / Contractual Obligation

Revenue contracts with 6 school districts

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2015	2015	2016	2016
Personnel	\$0	\$0	\$276,105	\$435,073
Contractual Services	\$0	\$0	\$238,918	\$0
Materials & Supplies	\$0	\$0	\$11,624	\$14,927
Total GF/non-GF	\$0	\$0	\$526,647	\$450,000
Program Total:	\$0		\$976,647	
Program FTE	0.00	0.00	2.86	4.95

Program Revenues				
Intergovernmental	\$0	\$0	\$0	\$450,000
Total Revenue	\$0	\$0	\$0	\$450,000

Explanation of Revenues

\$177,176 - Postland Public School
\$74,830 - David Douglas School District
\$78,588 - Reynolds School District
\$38,917 - Centennial School District
\$58,543 - Gresham Barlow School District
\$21,946 - Parkrose School District

Significant Program Changes

Last Year this program was: FY 2015: 25075B SBMH - Cultural Outreach Scale Up