



Program #40083 - Behavioral Health Prevention Services FY 2024 Adopted

Department: Health Department **Program Contact:** Anthony Jordan
Program Offer Type: Existing **Program Offer Stage:** Adopted
Related Programs:
Program Characteristics:

Executive Summary

The Behavioral Health Prevention Services program is designed to educate the community about mental health and suicide prevention. This program addresses equity through training on access and culturally relevant training topics. The program works with our community to reduce suicide, to build a stronger community safety net, to increase mental health literacy especially around challenges and interventions as well as to increase community involvement and resilience.

Program Description

The behavioral health prevention element of the program provides the following trainings to County staff and community members: Mental Health First Aid (MHFA), Applied Suicide Intervention Skills Training (ASIST), Counseling on Access to Lethal Means (CALM), SafeTALK and Question, Persuade and Refer (QPR).
Mental Health First Aid (including Youth Mental Health First Aid) is a 1-day evidence-based training offered to community members through the Tri-County “Get Trained to Help” website. The BHD Prevention program staff, in addition to subcontractors, facilitate training throughout the year. ASIST is a 2-day evidence-based practice to provide suicide first aid and is shown to significantly reduce suicidality. SafeTALK is a 4-hour suicide prevention model that teaches lay people how to look for signs that someone is thinking about suicide, have a conversation and link them to professional help. CALM teaches people how to have conversations with people who are thinking of suicide and their loved ones about how to reduce someone's access to lethal means, namely firearms and medications, while they are experiencing a suicide crisis. The program facilitates this training several times a year. QPR is a suicide awareness and prevention training, provided to churches, organizations and businesses, colleges and schools, social groups and general community members. QPR is the most widely utilized training offered through the BHD program due to its accessibility for a broad audience.

The suicide prevention element of this program focuses on understanding the scope and depth of completed suicides in the County by tracking and understanding trends that inform prevention, intervention, and postvention efforts. Psychological autopsies are performed to better understand the stressors/factors that contribute to a completed suicide. The program has developed a tool to perform Psychological Autopsy Investigation based on the American Association Of Suicidology tool, and modified to be more trauma informed and culturally responsive to our community needs. The program works in partnership with the Trauma Intervention Program and the Medical Examiner's office to connect with families and significant friends to perform the autopsies, provide support and service linkage. Feedback will be provided to give insight into where systems have not met the needs for individuals who have completed suicide, and help identify and address some of these issues.

Performance Measures

| Measure Type | Primary Measure | FY22 Actual | FY23 Budgeted | FY23 Estimate | FY24 Offer |
|--------------|---|-------------|---------------|---------------|------------|
| Output | # of individuals trained in Mental Health First Aid, ASIST, QPR and/or CALM and safeTalk. | 399 | 450 | 450 | 450 |
| Outcome | % of individuals who report greater understanding of mental illness and/or suicide prevention. | 92% | 85% | 85% | 85% |
| Output | Perform 25-30 psychological autopsies (if full time, 50-60 psychological autopsies). | 35 | 45 | 35 | 35 |
| Outcome | Improve MC understanding of completed suicide trends for FY20 through a deep analysis and report. | 100% | 100% | 100% | 100% |

Performance Measures Descriptions

Legal / Contractual Obligation

OAR 309-019-0150 Community Mental Health Programs
2022-2023 Intergovernmental Agreement for the Financing of Community Mental Health,
Addiction Treatment, Recovery & Prevention, and Problem Gambling Services

Revenue/Expense Detail

| | Adopted General Fund | Adopted Other Funds | Adopted General Fund | Adopted Other Funds |
|------------------------|-------------------------|------------------------|-------------------------|------------------------|
| Program Expenses | 2023 | 2023 | 2024 | 2024 |
| Personnel | \$226,703 | \$172,252 | \$122,426 | \$356,364 |
| Contractual Services | \$43,400 | \$0 | \$36,000 | \$12,673 |
| Materials & Supplies | \$3,028 | \$2,076 | \$14,206 | \$9,522 |
| Internal Services | \$31,713 | \$41,438 | \$34,798 | \$43,319 |
| Total GF/non-GF | \$304,844 | \$215,766 | \$207,430 | \$421,878 |
| Program Total: | \$520,610 | | \$629,308 | |
| Program FTE | 1.58 | 1.22 | 0.80 | 2.50 |

| Program Revenues | | | | |
|----------------------|------------|------------------|------------|------------------|
| Intergovernmental | \$0 | \$215,766 | \$0 | \$421,878 |
| Total Revenue | \$0 | \$215,766 | \$0 | \$421,878 |

Explanation of Revenues

This program generates \$38,506 in indirect revenues.
State \$ 160,000 - OHA Suicide Prevention
Federal \$ 124,205 - Federal PE 60 Suicide Prevention
State \$ 12,673 - Family & Youth Local 2145 Beer and Wine Tax
Federal \$ 125,000 - SAMSHA MH Aware. Training TBD

Significant Program Changes

Last Year this program was: FY 2023: 40083 Behavioral Health Prevention Services

*Due to COVID-19 and the impact on in-person training, our training model adapted to offer hybrid, virtual, and in person training with frequently smaller class sizes to manage health and safety. We partnered with MESD to create a grief readiness and response suicide and violent death postvention series, which launched in a cohort model in June. We are now able to teach Connect postvention training along with a new version of Oregon Calm which we began offering at the end of FY 22. .