Program #40083 - Beha	vioral Health Prevention Services			FY 2025 Adopted
Department:	Health Department	Program Contact:	Anthony Jord	an
Program Offer Type:	Operating	Program Offer Stage:	Adopted	
Related Programs:				

Executive Summary

The Behavioral Health Prevention Services program is designed to educate the community about mental health and suicide prevention. This program addresses equity through training on access and culturally relevant training topics. The program works with our community to reduce suicide, to build a stronger community safety net, to increase mental health literacy especially around challenges and interventions as well as to increase community involvement and resilience.

Program Description

The behavioral health prevention element of the program provides the following trainings to County staff and community members: Mental Health First Aid (MHFA), Applied Suicide Intervention Skills Training (ASIST), Counseling on Access to Lethal Means (CALM), SafeTALK and Question, Persuade and Refer (QPR).

Mental Health First Aid (including Youth Mental Health First Aid) is a1-day evidence-based training offered to community members through the Tri-County "Get Trained to Help" website. The BHD Prevention program staff, in addition to subcontractors, facilitate training throughout the year. ASIST is a 2-day evidence-based practice to provide suicide first aid and is shown to significantly reduce suicidality. SafeTALK is a4-hour suicide prevention model that teaches lay people how to look for signs that someone is thinking about suicide, have a conversation and link them to professional help. CALM teaches people how to have conversations with people who are thinking of suicide and their loved ones about how to reduce someone's access to lethal means, namely firearms and medications, while they are experiencing a suicide crisis. The program facilitates this training several times a year.QPR is a suicide awareness and prevention training, provided to churches, organizations and businesses, colleges and schools, social groups and general community members. QPR is the most widely utilized training offered through the BHD program due to its accessibility for a broad audience.

The suicide prevention element of this program focuses on understanding the scope and depth of completed suicides in the County by tracking and understanding trends that inform prevention, intervention, and postvention efforts. Psychological autopsies are performed to better understand the stressors/factors that contribute to a completed suicide. The program has developed a tool to perform Psychological Autopsy Investigation based on the American Association Of Suicidology tool, and modified to be more trauma informed and culturally responsive to our community needs. The program works in partnership with the Trauma Intervention Program and the Medical Examiner's office to connect with families and significant friends to perform the autopsies, provide support and service linkage. Feedback will be provided to give insight into where systems have not met the needs for individuals who have completed suicide, and help identify and address some of these issues.

Performance Measures							
Measure Type	Performance Measure	FY23 Actual	FY24 Budgeted	FY24 Estimate	FY25 Target		
Output	# of individuals trained in Mental Health First Aid, ASIST, QPR and/or CALM and safeTalk.	390	450	450	450		
Outcome	% of individuals who report greater understanding of mental illness and/or suicide prevention.	86%	85%	85%	85%		
Output	Perform 25-30 psychological autopsies (if full time, 50-60 psychological autopsies).	25	35	35	35		
Outcome	Improve MC understanding of completed suicide trends for FY20 through a deep analysis and report.	100%	100%	100%	100%		

OAR 309-019-0150 Community Mental Health Programs

2022-2023 Intergovernmental Agreement for the Financing of Community Mental Health, Addiction Treatment, Recovery & Prevention, and Problem Gambling Services

Revenue/Expense Detail							
	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds			
Program Expenses	2024	2024	2025	2025			
Personnel	\$122,426	\$356,364	\$217,386	\$295,670			
Contractual Services	\$36,000	\$12,673	\$35,000	\$6,562			
Materials & Supplies	\$14,206	\$9,522	\$3,725	\$18,829			
Internal Services	\$34,798	\$43,319	\$37,876	\$24,531			
Total GF/non-GF	\$207,430	\$421,878	\$293,987	\$345,592			
Program Total:	\$629	\$629,308		\$639,579			
Program FTE	0.80	2.50	1.30	2.00			
Program Revenues							
Intergovernmental	\$0	\$421,878	\$0	\$345,592			
Total Revenue	\$0	\$421,878	\$0	\$345,592			

Explanation of Revenues

This program generates \$17,808 in indirect revenues.

State \$ 84,000 - OHA Suicide Prevention

Federal \$ 124,205 - Federal PE 60 Suicide Prevention

State \$ 12,387 - Family & Youth Local 2145 Beer and Wine Tax

Federal \$ 125,000 - SAMSHA MH Aware. Training TBD

Significant Program Changes

Last Year this program was: FY 2024: 40083 Behavioral Health Prevention Services