

Division: Behavioral Health

Program Characteristics:

Program Description

As the Community Mental Health Program, the Division is legally responsible for suicide prevention and postvention. Multnomah County leads Oregon in suicides among young people (ages 10-24). The program aims to reduce these numbers through mental health promotion, suicide prevention, and postvention, educating the community, providing grief support, building a stronger safety net, increasing mental health literacy, and fostering resilience.

Prevention includes training for County staff and the community via the "Get Trained To Help" tri-county collaborative, which organizes and promotes accessible, free resources and training in the Portland Metro area through gettrainedtohelp.com.

Postvention focuses on tracking suicide deaths in the County to inform prevention and intervention. Our Postvention Response Lead coordinates county-wide youth suicide postvention supports after a death to decrease the likelihood of suicide contagion.

Equity Statement

The program addresses equity through training on access and culturally relevant topics. In 2021, suicide was the third leading cause of death among Black youth ages 10-24 (nationally). Our Black Youth Suicide Prevention Coordinator leads a countywide youth suicide coalition (MYSPC), and collaborates with a statewide Black Youth Suicide Prevention Coalition (BYSPPC) to ensure all our prevention and postvention initiatives include culturally relevant practices.

Revenue/Expense Detail

	2026 General Fund	2026 Other Funds	2027 General Fund	2027 Other Funds
Personnel	\$263,883	\$279,423	\$154,846	\$468,815
Contractual Services	\$0	\$0	\$0	\$20,320
Materials & Supplies	\$0	\$7,600	\$0	\$11,393
Internal Services	\$51,550	\$49,661	\$72,095	\$47,266
Total GF/non-GF	\$315,433	\$336,684	\$226,941	\$547,794
Total Expenses:	\$652,117		\$774,735	
Program FTE	1.54	1.76	0.86	2.70
Program Revenues				
Intergovernmental	\$0	\$336,684	\$0	\$547,794
Total Revenue	\$0	\$336,684	\$0	\$547,794

Performance Measures

Performance Measure	FY25 Actual	FY26 Estimate	FY27 Target
# of individuals trained in Mental Health or suicide prevention trainings (ASIST, QPR, Connect, etc.).	581	450	400
Number of Postvention training and/or technical assistance provided to community organizations, schools, or other youth-serving institutions.	N/A	5	10