

Division: Behavioral Health

Program Characteristics:

Program Description

As the Community Mental Health Program, the Division is legally responsible for suicide prevention and postvention. Multnomah County leads Oregon in suicides among young people (ages 10-24). The program aims to reduce these numbers through mental health promotion, suicide prevention, and postvention, educating the community, providing grief support, building a stronger safety net, increasing mental health literacy, and fostering resilience.

Prevention includes training for County staff and the community via the "Get Trained To Help" tri-county collaborative, which organizes and promotes accessible, free resources and training in the Portland Metro area through gettrainedtohelp.com.

Postvention focuses on tracking suicide deaths in the County to inform prevention and intervention. Our Postvention Response Lead coordinates county-wide youth suicide postvention supports after a death to decrease the likelihood of suicide contagion.

Equity Statement

The program addresses equity through training on access and culturally relevant topics. In 2021, suicide was the third leading cause of death among Black youth ages 10-24 (nationally). Our Black Youth Suicide Prevention Coordinator leads a countywide youth suicide coalition (MYSPC), and collaborates with a statewide Black Youth Suicide Prevention Coalition (BYSPC) to ensure all our prevention and postvention initiatives include culturally relevant practices.

Revenue/Expense Detail

| | 2026 General Fund | 2026 Other Funds | 2027 General Fund | 2027 Other Funds |
|-------------------------|----------------------|---------------------|----------------------|---------------------|
| Personnel | \$263,883 | \$279,423 | \$154,846 | \$468,815 |
| Contractual Services | \$0 | \$0 | \$0 | \$20,320 |
| Materials & Supplies | \$0 | \$7,600 | \$0 | \$11,393 |
| Internal Services | \$51,550 | \$49,661 | \$72,095 | \$47,266 |
| Total GF/non-GF | \$315,433 | \$336,684 | \$226,941 | \$547,794 |
| Total Expenses: | \$652,117 | | \$774,735 | |
| Program FTE | 1.54 | 1.76 | 0.86 | 2.70 |
| Program Revenues | | | | |
| Intergovernmental | \$0 | \$336,684 | \$0 | \$547,794 |
| Total Revenue | \$0 | \$336,684 | \$0 | \$547,794 |

Performance Measures

| Performance Measure | FY25 Actual | FY26 Estimate | FY27 Target |
|---|----------------|------------------|----------------|
| # of individuals trained in Mental Health or suicide prevention trainings (ASIST, QPR, Connect, etc.). | 581 | 450 | 400 |
| Number of Postvention training and/or technical assistance provided to community organizations, schools, or other youth-serving institutions. | N/A | 5 | 10 |