

**Division:** Behavioral Health

**Program Characteristics:**

### Program Description

As the Community Mental Health Program, the Division is legally responsible for suicide prevention and postvention. Multnomah County leads Oregon in suicides among young people (ages 10-24). The program aims to reduce these numbers through mental health promotion, suicide prevention, and postvention, educating the community, providing grief support, building a stronger safety net, increasing mental health literacy, and fostering resilience.

Prevention includes training for County staff and the community via the "Get Trained To Help" tri-county collaborative, which organizes and promotes accessible, free resources and training in the Portland Metro area through [gettrainedtohelp.com](http://gettrainedtohelp.com).

Postvention focuses on tracking suicide deaths in the County to inform prevention and intervention. Our Postvention Response Lead coordinates county-wide youth suicide postvention supports after a death to decrease the likelihood of suicide contagion.

### Equity Statement

The program addresses equity through training on access and culturally relevant topics. In 2021, suicide was the third leading cause of death among Black youth ages 10-24 (nationally). Our Black Youth Suicide Prevention Coordinator leads a countywide youth suicide coalition (MYSPC), and collaborates with a statewide Black Youth Suicide Prevention Coalition (BYSPPC) to ensure all our prevention and postvention initiatives include culturally relevant practices.

### Revenue/Expense Detail

	2026 General Fund	2026 Other Funds	2027 General Fund	2027 Other Funds
Personnel	\$263,883	\$279,423	\$154,846	\$468,815
Contractual Services	\$0	\$0	\$0	\$20,320
Materials & Supplies	\$0	\$7,600	\$0	\$11,393
Internal Services	\$51,550	\$49,661	\$72,229	\$47,266
<b>Total GF/non-GF</b>	<b>\$315,433</b>	<b>\$336,684</b>	<b>\$227,075</b>	<b>\$547,794</b>
<b>Total Expenses:</b>	<b>\$652,117</b>		<b>\$774,869</b>	
<b>Program FTE</b>	1.54	1.76	0.86	2.70
<b>Program Revenues</b>				
Intergovernmental	\$0	\$336,684	\$0	\$547,794
<b>Total Revenue</b>	<b>\$0</b>	<b>\$336,684</b>	<b>\$0</b>	<b>\$547,794</b>

### Performance Measures

Performance Measure	FY25 Actual	FY26 Estimate	FY27 Target
# of individuals trained in Mental Health or suicide prevention trainings (ASIST, QPR, Connect, etc.).	581	450	400
Number of Postvention training and/or technical assistance provided to community organizations, schools, or other youth-serving institutions.	N/A	5	10