

**Program #40084A - Culturally Specific Mental Health Services**
**FY 2026 Proposed**
**Department:** Health Department

**Program Contact:** Barbara Snow

**Program Offer Type:** Operating

**Program Offer Stage:** Proposed

**Related Programs:**
**Program Characteristics:**
**Program Description**

**ISSUE:** The County identified African American/ Black; Asian/ Pacific Islander; Latino/ Hispanic; Native American/ Alaska Native; and Slavic/ Eastern European/Russian-speaking as cultural communities with significant disparities in access to both treatment services and education/prevention opportunities. This was reaffirmed in Spring 2021, when the County declared racism a public health crisis. Behavioral health is fundamental to the overall health and well-being of an individual and is the basis for positive impacts to family, community, and society. Additionally, the immigrant and refugee community is at increased risk of lack of insurance and access to behavioral health options.

**PROGRAM GOAL:** Behavioral health services have historically not been designed to reflect the specific culture, values, and shared identities of Black, Indigenous and other People of Color (BIPOC). To address this gap, Multnomah County funds culturally specific services for BIPOC persons that are better able to address and decrease identified disparities, and develop culturally specific models to build and sustain healthy families and communities.

**ACTIVITY:** The county contracts for mental health services for individuals from communities with significant disparities in access to both treatment services and education/prevention opportunities to ensure that all members of our community have treatment options that incorporate specific cultural needs. Multnomah County mental health prevalence data suggest that members of the African American and Native American communities are more likely to be placed in restrictive settings such as hospitals and jails as a result of mental health symptoms. Additionally, African Americans are overrepresented in correctional facilities and the criminal justice system. Culturally-specific services address mental health concerns and the intersectionality with the criminal legal system through access to culturally and linguistically appropriate treatment including culturally appropriate outreach, engagement, and treatment services. Culturally responsive interventions can mitigate the need for expensive hospitals, residential levels of care, or crisis services. Contractors provide comprehensive psychiatric, mental health, and substance use disorder assessments/evaluations that are culturally and linguistically appropriate focused on early identification/crisis-prevention, and are part of a comprehensive health care system. They also provide case management, medication evaluation and management, and/ or monitoring, treatment services and support, individual, group, and/ or family therapy, benefits assistance, basic needs assessment, wraparound support, and comprehensive referral services, individual and group psychosocial skill development, crisis intervention services, services designed to improve family relationships and community support systems, and education and awareness-building opportunities.

**OUTPUTS:**

Direct outpatient services available to individuals without insurance

Culturally specific services available and enhanced

Reduce negative outcomes for those from culturally diverse populations

Increase supports for immigrant and refugee communities

Increase training and education opportunities for culturally specific providers

**Performance Measures**

| Measure Type | Performance Measure  | FY24 Actual | FY25 Budgeted | FY25 Estimate | FY26 Target |
|--------------|--|-------------|---------------|---------------|-------------|
| Output       | Total culturally diverse individuals receiving services <sup>1</sup>                       | 1,074       | 900           | 1,329         | 900         |
| Outcome      | Culturally specific persons served per 1,000 culturally diverse in population <sup>2</sup> | 4.3         | 3.6           | 4.3           | 3.6         |

**Performance Measures Descriptions**

<sup>1</sup>This total includes all persons served under this contract and does not include those culturally-diverse persons served by Multnomah MH or in other programs.

<sup>2</sup>Service Rate Per 1,000 Calculation-Numerator: Total unduplicated culturally-diverse individuals served.

Legal / Contractual Obligation

N/A

Revenue/Expense Detail

|                      | Adopted<br>General Fund | Adopted<br>Other Funds | Proposed<br>General Fund | Proposed<br>Other Funds |
|----------------------|-------------------------|------------------------|--------------------------|-------------------------|
| Program Expenses     | 2025                    | 2025                   | 2026                     | 2026                    |
| Contractual Services | \$2,162,817             | \$542,325              | \$1,836,478              | \$556,970               |
| Total GF/non-GF      | \$2,162,817             | \$542,325              | \$1,836,478              | \$556,970               |
| Program Total:       | \$2,705,142             |                        | \$2,393,448              |                         |
| Program FTE          | 0.00                    | 0.00                   | 0.00                     | 0.00                    |

|                  |     |     |     |     |
|------------------|-----|-----|-----|-----|
| Program Revenues |     |     |     |     |
| Total Revenue    | \$0 | \$0 | \$0 | \$0 |

Explanation of Revenues

\$556,970 - Culturally Specific Mobile Outreach and STP (MO&STP)- Supportive Housing Services Fund 1521. Tax revenues are budgeted in the Homeless Services Department program 30999.

Significant Program Changes

Last Year this program was: FY 2025: 40084A Culturally Specific Mental Health Services