



Program #40084B - Culturally Responsive LGBTQ MH Services 6/27/2018

Department: Health Department **Program Contact:** Neal Rotman
Program Offer Type: **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics: One-Time-Only Request

Executive Summary

Culturally-specific outpatient mental health services provide treatment for five under-served communities in our county (Pacific Islander, African-American, Eastern European, Latino, and Native-American). These communities have encountered difficulty finding mental health treatment that incorporate their culture, tradition and language. Some communities of color are also over-represented in the criminal justice system.

Program Summary

The system of care built and maintained by Multnomah County must reflect the demographics of those we serve. To ensure that all members of our community have treatment options that incorporate specific cultural needs, MCHD contracts for mental health services for individuals from five communities currently under-served or insufficiently served. Those communities are: Eastern European/Slavic/Russian Speaking, African-American, Asian/Pacific Islander, Latino/Hispanic, Native American/ Alaskan Native, and the LGBTQ+.

LGBT individuals continue to face stigma and discrimination. These negative experiences, combined with a lack of access to culturally-affirming and informed care, result in multiple health disparities for LGBT populations. Thus, there is an urgent need to provide inclusive, high-quality mental health services to LGBTQ+ community so that they can achieve the highest possible level of health. A growing population of LGBTQ+ individuals needing mental health services and supports are increasingly being identified in the community. Through stakeholder discussions and behavioral health provider meetings there are strong requests for culturally-specific mental health and co-occurring services.

Culturally-specific LGBTQ+services address mental health problems through access to culturally responsive treatment to address the disparities for the LGBTQ+ community by providing trauma-informed outpatient mental health treatment and supports including outreach, engagement, and treatment services. Early intervention can mitigate the need for expensive hospital, residential care, or crisis services.

Performance Measures

Measure Type	Primary Measure	FY17 Actual	FY18 Purchased	FY18 Estimate	FY19 Offer
Output	Total number of LGBTQ individuals receiving treatment	0	0	0	N/A
Outcome	Increase capacity for data collection regarding LGBTQ individuals served	0	0	0	100%

Performance Measures Descriptions

Increase capacity for data collection regarding LGBTQ individuals served determined by implementation of a tracking system at provider agency (outcome met = 100%)

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2018	2018	2019	2019
Contractual Services	\$0	\$0	\$50,000	\$0
Total GF/non-GF	\$0	\$0	\$50,000	\$0
Program Total:	\$0		\$50,000	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues				
Total Revenue	\$0	\$0	\$0	\$0

Explanation of Revenues

Significant Program Changes

Last Year this program was: