

**Department:** Health Department      **Program Contact:** Devarshi Bajpai  
**Program Offer Type:** Existing Operating Program      **Program Offer Stage:** As Proposed  
**Related Programs:**  
**Program Characteristics:**

### Executive Summary

The adult treatment continuum consists of outpatient addictions and residential treatment for uninsured residents; medication management; community recovery services (including peer mentors, wraparound support, and skills training during and after treatment); and a specialized program for persons who are severely addicted, diagnosed with multiple problems, and homeless. The continuum will serve approximately 2,575 clients next year. Research shows that every dollar invested in addiction treatment yields a cost offset of up to \$11.05 in other publicly supported services.

### Program Summary

The Oregon Health Authority estimates 300,000 Oregonians have a substance use disorder, roughly 18% of those needing addiction services access treatment, and more than 40% of those who try to get help experience barriers related to cost or insurance issues. Addiction is recognized as a chronic disease requiring lifelong attention in many cases, with similar compliance and relapse rates as other chronic diseases including diabetes and hypertension. While the overall goal of addiction treatment is to help clients maintain sobriety, addiction treatment reduces criminal activity, infectious disease transmission, and child abuse and neglect even when people continue to struggle with their disease.

Our adult treatment continuum supports recovery and a return to a healthy lifestyle through access to services which addresses the negative consequences of alcohol and other drugs and teaches pro-social alternatives to addictive behaviors through clinical therapy, skill building, and peer delivered services. Community recovery support programs provide a variety of ongoing clean and sober social support activities for clients and their families, as well as provide an avenue for recovering people to give back to the community.

Services are delivered throughout Multnomah County by a network of state licensed providers. These providers are culturally competent and many have bilingual staff. Outpatient treatment allows a client to work, go to school, attend job training, socialize, and otherwise carry on a normal life. The continuum treats about 2,575 clients annually. Residential treatment provides intensive services with clients living in the treatment center during their course of treatment, usually for two to six months. Clients needing this level of care often have multiple failures in outpatient treatment, often related to the severity and length of their addiction, as well as risk factors like chronic unemployment and housing problems. Residential treatment serves about 500 clients annually.

Treatment helps clients shift from ambivalence and denial about their addiction to acceptance and hope. Clients address issues that are barriers to recovery, and develop strategies and skills to overcome them. Providers also address their self sufficiency needs through help with parenting skills, stress and anger management, housing issues, independent living skills, referrals for physical and mental health issues, employment services, and recreation and healthy use of leisure time.

### Performance Measures

Measure Type	Primary Measure	FY14 Actual	FY15 Purchased	FY15 Estimate	FY16 Offer
Output	Number served in treatment (all levels of care)	2,672	3,500	3,364	3,395
Outcome	Percentage of clients who successfully complete outpatient treatment <sup>1</sup>	44%	50.0%	39%	45%

### Performance Measures Descriptions

Performance measures reflect a move towards more intensive serves for a fewer number of individuals with higher-level needs.

<sup>1</sup> "Successful completion of treatment" is defined as the client meeting the American Society of Addiction Medicine's Patient Placement Criteria for the Treatment of Substance-related Disorders, Second Edition Revised (ASAM PPC 2R) discharge criteria. completing at least two thirds of their treatment plan goals and demonstrating 30 days of abstinence.

## Legal / Contractual Obligation

Contractual obligation: This program is funded with federal substance abuse prevention and treatment resources and state general funds through the State Oregon Health Authority (OHA) Addictions and Mental Health Division (AMH) contract. Program planning is developed based on AMH State Mental Health Grant Award requirements and submitted in the "Biennial Implementation Plan." Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with State Service Elements. Also, Local 2145 Beer and Wine tax revenues are provided to counties on a dedicated formula basis and are restricted to alcohol and drug services.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2015	2015	2016	2016
Personnel	\$193,751	\$700,228	\$200,963	\$649,002
Contractual Services	\$2,750,954	\$5,861,358	\$3,386,881	\$14,421,211
Materials & Supplies	\$3,575	\$7,025	\$7,640	\$8,207
Internal Services	\$21,050	\$195,562	\$39,917	\$793,076
<b>Total GF/non-GF</b>	<b>\$2,969,330</b>	<b>\$6,764,173</b>	<b>\$3,635,401</b>	<b>\$15,871,496</b>
<b>Program Total:</b>	<b>\$9,733,503</b>		<b>\$19,506,897</b>	
<b>Program FTE</b>	1.50	7.33	1.50	6.43

Program Revenues				
Indirect for Dept. Admin	\$68,694	\$0	\$490,011	\$0
Intergovernmental	\$0	\$6,694,301	\$0	\$15,871,496
Beginning Working Capital	\$0	\$69,868	\$0	\$0
<b>Total Revenue</b>	<b>\$68,694</b>	<b>\$6,764,169</b>	<b>\$490,011</b>	<b>\$15,871,496</b>

## Explanation of Revenues

\$8,150,436 - Healthshare of Oregon (Medicaid): Based on FY15 Rate per Client times number of clients as of 12/31/14  
\$2,483,039 - State Mental Health Grant Residential Capacity Services: Based on FY15 grant award  
\$1,793,776 - State Mental Health Grant Flex Funds: Based on FY15 grant award  
\$1,285,560 - State Mental Health Grant Alcohol Residential Care 61: Based on FY15 grant award  
\$1,109,996 - State Mental Health Grant SAPT Block Grant: Based on FY15 grant award  
\$605,300 - Local 2145 Beer and Wine Tax Revenues: Based on FY15 revenue projections  
\$431,649 - State Mental Health Grant Drug Residential Care: Based on FY15 grant award  
\$11,740 - State Mental Health Grant A&D Adult Residential Capacity: Based on FY15 grant award

## Significant Program Changes

**Last Year this program was:** FY 2015: 25080A Adult Addictions Treatment Continuum

Because of Medicaid expansion through the Affordable Care Act, we can continue to reallocate a portion of funding previously used for treatment to now fund community recovery support services that are not covered by Medicaid but which improve and enhance treatment outcomes. Performance measures reflect a move towards more intensive serves for a fewer number of individuals with higher-level needs .