

Program #40085 - Adult Addictions Treatment Continuum 6/30/2016

Department: Health Department **Program Contact:** Devarshi Bajpai
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics:

Executive Summary

This continuum consists of addictions outpatient and residential treatment for under and uninsured adult residents; medication management; and recovery support services. Projects include a program for homeless individuals with complex behavioral health problems including severe addiction; and care coordination to assist high utilizers of detox and hospitals in accessing appropriate treatment options. The continuum serves approximately 2,250 clients a year. Research shows that every dollar invested in addiction treatment yields a cost offset of up to \$11.05 in other publicly supported services.

Program Summary

The Oregon Health Authority estimates 300,000 Oregonians have a substance use disorder, with roughly 18% of those accessing addiction treatment and more than 40% of those who try to get help experiencing barriers related to cost or insurance issues. Addiction is recognized as a chronic disease often requiring lifelong attention due to relapse rates similar to other chronic diseases including diabetes. While the overall goal of treatment is to help clients maintain sobriety, it also reduces criminal activity, infectious disease transmission, and child abuse and neglect even when people continue to struggle with their disease.

Treatment helps clients shift from denial about their addiction to acceptance and hope. Our adult continuum supports treatment engagement, recovery and a return to a healthy lifestyle. Services address the negative consequences of alcohol and other drug abuse; target specific issues that are barriers to recovery; and teach pro-social alternatives to addictive behaviors through clinical therapy, skill building, and peer delivered services. Providers also address self sufficiency needs through help with parenting skills, stress and anger management, housing issues, independent living skills, referrals for physical and mental health issues, employment services, and recreation and healthy use of leisure time.

Clinical services are delivered throughout Multnomah County by a network of state licensed providers. These providers are culturally competent and many have bilingual staff. Outpatient treatment allows a client to work, go to school, attend job training, socialize, and otherwise carry on a normal life. The continuum treats about 2,250 clients annually. Residential treatment provides intensive services with clients living in the treatment center during their course of treatment, usually for two to six months. Clients needing this level of care often have multiple failures in outpatient treatment, due to the severity of illness, as well as risk factors like unemployment and housing problems. Residential treatment serves about 500 clients annually. Recovery support services facilitate ongoing clean and sober social support activities for clients and their families, and provide an avenue for recovering people to give back to the community.

Performance Measures

Measure Type	Primary Measure	FY15 Actual	FY16 Purchased	FY16 Estimate	FY17 Offer
Output	Number served in treatment (all levels of care)	1,547	3,395	1,856	1,856
Outcome	Percentage of clients who successfully complete outpatient treatment ¹	45%	45%	45%	45%

Performance Measures Descriptions

Performance measures reflect a move to more intensive services for a fewer number of individuals with higher-level needs, and an increase in recovery support services separate from treatment. New County reporting methods and State MOTS data led to adjusting estimates.¹ "Successful completion of treatment" is defined as the client completing at least two thirds of their treatment plan goals and demonstrating 30 days of abstinence.

Legal / Contractual Obligation

Contractual obligation: This program is funded with federal substance abuse prevention and treatment resources and state general funds through the State Oregon Health Authority (OHA) Addictions and Health Systems Division contract. Program planning is developed based on State Mental Health Grant Award requirements and submitted in the "Biennial Implementation Plan." Multnomah County accepts the State Mental Health Grant which obligates us to spend funds in accordance with State Service Elements. Local 2145 Beer and Wine tax revenues are provided to counties on a dedicated formula basis and are restricted to alcohol and drug services.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2016	2016	2017	2017
Personnel	\$200,963	\$645,677	\$207,597	\$1,075,816
Contractual Services	\$2,552,424	\$15,645,968	\$2,536,792	\$11,294,700
Materials & Supplies	\$7,640	\$14,348	\$0	\$13,077
Internal Services	\$39,917	\$782,108	\$0	\$223,773
Total GF/non-GF	\$2,800,944	\$17,088,101	\$2,744,389	\$12,607,366
Program Total:	\$19,889,045		\$15,351,755	
Program FTE	1.50	6.33	1.50	10.35

Program Revenues				
Indirect for Dept. Admin	\$492,290	\$0	\$57,245	\$0
Intergovernmental	\$0	\$17,088,101	\$0	\$12,607,366
Total Revenue	\$492,290	\$17,088,101	\$57,245	\$12,607,366

Explanation of Revenues

\$ 5,741,435 - Healthshare of Oregon (Medicaid): Based on FY16 Medicaid Rates

\$ 578,890 - Local 2145 Beer and Wine Tax

\$ 720,557 - Community Mental Health Block Grant

\$ 125,000 - Safe Neighborhoods Advocacy Partnership US Department of Health & Human Services

\$ 485,000 - Addictions Benefit Coordinate Pilot Program

Revenue below is from the State Mental Health grant based on 2015-2017 IGA with State of Oregon

\$ 1,300,000 - State Mental Health Grant: Adult Substance Use Disorder Residential Treatment

\$ 431,649 - State Mental Health Grant: Supported Capacity for Dependent Children

\$ 1,356,002 - State Mental Health Grant: Community Behavioral and Substance Use Disorder Services

\$ 1,868,833 - State Mental Health Grant: Substance Use Disorder Residential Capacity

Significant Program Changes

Last Year this program was: FY 2016: 40085-16 Adult Addictions Treatment Continuum

Medicaid expansion through the Affordable Care Act has allowed us to continue to reallocate a portion of funding previously used for treatment to now fund community recovery support services that are not covered by Medicaid but which improve and enhance treatment and recovery outcomes, as well as new care coordination for high utilizers of detox and hospital services. Traditional performance measures reflect a move towards more intensive services for a fewer number of individuals with higher-level needs.