

**Department:** Health Department      **Program Contact:** Devarshi Bajpai  
**Program Offer Type:** Existing Operating Program      **Program Offer Stage:** As Adopted  
**Related Programs:**  
**Program Characteristics:**

**Executive Summary**

This program supports approx. 2,000 people per year and consists of outpatient and residential treatment for un- or under-insured adult residents; medication management; and recovery support services. With a program for homeless individuals with complex behavioral health problems such as severe addiction; and care coordination, to assist high utilizers of detox and hospitals in accessing better treatment options. Research shows every \$ invested in addiction treatment yields a cost offset of nearly \$11.00 in publicly supported services.

**Program Summary**

The Oregon Health Authority estimates 300,000 Oregonians have a substance use disorder that remains untreated, with roughly 18% of those accessing addiction treatment and more than 40% of those who try to get help experiencing barriers related to cost or insurance issues. Addiction is recognized as a chronic disease often requiring lifelong attention due to relapse rates similar to other chronic diseases including diabetes. While the overall goal of treatment is to help clients maintain sobriety, it also reduces criminal activity, infectious disease transmission, and child abuse or neglect even when people continue to struggle with their disease.

Treatment helps clients shift from ambivalence or denial about their addiction to acceptance and hope. Our adult continuum supports treatment engagement, recovery and a return to a healthy lifestyle. Services address the negative consequences of alcohol and other drug abuse; target specific issues that are barriers to recovery; and teach pro-social alternatives to addictive behaviors through clinical therapy, skill building, and peer delivered services. Providers also address self sufficiency needs through help with parenting skills, stress and anger management, housing issues, independent living skills, referrals for physical and mental health issues, employment services, and recreation and healthy use of leisure time.

Clinical services are delivered throughout Multnomah County by a network of state licensed providers. These providers are culturally competent and many have bilingual staff. Outpatient treatment scheduling permits a client to work, go to school, attend job training, socialize in the community, and otherwise carry on a normal life. Residential treatment provides intensive and stabilizing services with clients living in the treatment center for at least part of their course of care, usually for two to six months. Clients needing this level of care often have multiple failures in outpatient treatment, often related to the severity and length of their addiction, as well as risk factors like chronic unemployment and housing problems. Recovery support facilitates ongoing clean and sober social activities for clients and their families and provides an avenue for recovering people to give back to the community.

**Performance Measures**

Measure Type	Primary Measure	FY16 Actual	FY17 Purchased	FY17 Estimate	FY18 Offer
Output	Number served in treatment (all levels of care)	2,450	1,856	1,990	1,856
Outcome	Percentage of clients who successfully complete outpatient treatment <sup>1</sup>	48%	45%	48%	45%

**Performance Measures Descriptions**

Performance measures reflect the continuation towards more intensive services for a fewer number of individuals with higher-level needs, and an increase in recovery support services separate from treatment. Recently implemented County reporting methods and State MOTS data have led to continually adjusting estimates. <sup>1</sup>"Successful completion of treatment" is defined as the client completing at least two thirds of their treatment plan goals and demonstrating 30 days of abstinence, historically at an approximate 45% rate.

## Legal / Contractual Obligation

Contractual obligation: This program is funded with federal substance abuse prevention and treatment resources and state general funds through the State Oregon Health Authority (OHA) Addictions and Health Systems Division contract. Program planning is developed based on State Mental Health Grant Award requirements and submitted in the "Biennial Implementation Plan." Multnomah County accepts the State Mental Health Grant which obligates us to spend funds in accordance with State Service Elements. Local 2145 Beer and Wine tax revenues are provided to counties on a dedicated formula basis and are restricted to alcohol and drug services.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2017	2017	2018	2018
Personnel	\$207,597	\$689,540	\$92,868	\$652,450
Contractual Services	\$2,536,792	\$11,294,700	\$2,327,386	\$7,062,008
Materials & Supplies	\$0	\$13,077	\$4,694	\$6,933
Internal Services	\$0	\$223,773	\$88,017	\$85,468
<b>Total GF/non-GF</b>	<b>\$2,744,389</b>	<b>\$12,221,090</b>	<b>\$2,512,965</b>	<b>\$7,806,859</b>
<b>Program Total:</b>	<b>\$14,965,479</b>		<b>\$10,319,824</b>	
<b>Program FTE</b>	1.50	6.35	0.65	5.70

Program Revenues				
Indirect for Dept. Admin	\$57,245	\$0	\$21,238	\$0
Intergovernmental	\$0	\$12,607,366	\$0	\$7,806,859
<b>Total Revenue</b>	<b>\$57,245</b>	<b>\$12,607,366</b>	<b>\$21,238</b>	<b>\$7,806,859</b>

## Explanation of Revenues

\$ 259,438 - Healthshare of Oregon (Medicaid): Based on FY17 Medicaid Rates

\$ 773,300 - Local 2145 Beer and Wine Tax

\$ 170,576 - TANF A&D 67 Award

\$ 56,000 - Stop ACT Grant

\$ 499,998 - OHA Peer Delivered Services

\$ 2,914,634 - SAPT Block Grant

Revenue below is from the State Mental Health grant based on 2015-2017 IGA with State of Oregon

\$ 275,100 - State Mental Health Grant: Adult Substance Use Disorder Residential Treatment

\$ 431,649 - State Mental Health Grant: Supported Capacity for Dependent Children

\$ 381,534 - State Mental Health Grant: Peer Delivered Services

## Significant Program Changes

**Last Year this program was:** FY 2017: 40085 Adult Addictions Treatment Continuum

In FY 2017 this program offer included 5.50 FTE and \$580,000 personnel expense, professional services, materials and supplies, and internal services for the management and administration of the Multnomah Behavioral Fund. The positions and related expenditures are budgeted in FY 2018 in Program Offer 40094-Medicaid Insurance Plan Administration and Operations.