

**Program #40086 - Addiction Services Gambling Treatment & Prevention** 2/18/2016

**Department:** Health Department **Program Contact:** Devarshi Bajpai  
**Program Offer Type:** Existing Operating Program **Program Offer Stage:** As Requested  
**Related Programs:**  
**Program Characteristics:** In Target

**Executive Summary**

Gambling addiction treatment uses evidence-based practices in an outpatient setting to provide treatment to persons diagnosed with mild, moderate, or severe gambling addiction. Based on 2014-2015 data the county's community-based providers treated approximately 327 individuals and family members. Countywide data shows that problem gamblers and family members can access treatment in less than five days from initial contact 99% of the time and 74% report no gambling 12 months following treatment.

**Program Summary**

Multnomah County's Problem Gambling services are guided by a public health approach that takes into consideration biological, behavioral, economic, cultural, and policy factors influencing gambling and health. Gambling treatment and prevention services incorporate prevention, harm reduction and multiple levels of treatment by placing emphasis on quality of life issues for the person who gambles, family members, and communities. In 2014-2015, 285 gamblers enrolled in treatment. As noted, family participation is important, and 42 family members enrolled in treatment as well.

Approximately 1,400 adult Oregonians statewide receive Lottery funded treatment each year. Multnomah County has the highest rate, per capita (18 years and older), of lottery sales statewide. Nearly 90% report a preference for gambling on machines (video poker, line games, slots). Problem gambling treatment services are focused on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to a level of healthy functioning. Problem gambling treatment assists the gambler and family in managing money/finances, rebuilding trust within the family, learning gambling prevention techniques, and maintaining recovery.

Multnomah County provider network has expanded and includes Lewis & Clark, Volunteers of America InAct, Cascadia Behavioral Healthcare, OHSU IPP, Empowerment Clinic and Voices of Problem Gambling Recovery (VPGR). Culturally specific Asian, African American and Latino services are available in this network of providers.

**Performance Measures**

Measure Type	Primary Measure	FY15 Actual	FY16 Purchased	FY16 Estimate	FY17 Offer
Output	Number of gamblers and family members accessing treatment annually <sup>1</sup>	327	330	350	360
Outcome	Gambler successful treatment completion rate <sup>2</sup>	49%	40%	50%	50%

**Performance Measures Descriptions**

<sup>1</sup> Output - The number of persons completing the enrollment process and entering treatment.  
<sup>2</sup> Outcome - The number of gamblers completing a minimum of 75% of the short-term treatment goals, completing a continued wellness plan, and not engaging in problem gambling behaviors for a least 30 days prior to discharge. The rate is the number of successful gamblers divided by the number of unsuccessful gamblers and the "neutral" drops.

## Legal / Contractual Obligation

Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with State Service Elements. The funds earmarked for gambling prevention and treatment in the Service Element are from Oregon Lottery revenues and may not be used for other purposes.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2016	2016	2017	2017
Personnel	\$0	\$19,190	\$0	\$17,905
Contractual Services	\$0	\$696,000	\$0	\$770,000
Materials & Supplies	\$0	\$11	\$0	\$1,595
Internal Services	\$0	\$2,405	\$0	\$0
<b>Total GF/non-GF</b>	<b>\$0</b>	<b>\$717,606</b>	<b>\$0</b>	<b>\$789,500</b>
<b>Program Total:</b>	<b>\$717,606</b>		<b>\$789,500</b>	
<b>Program FTE</b>	0.00	0.17	0.00	0.15

Program Revenues				
Intergovernmental	\$0	\$717,606	\$0	\$789,500
<b>Total Revenue</b>	<b>\$0</b>	<b>\$717,606</b>	<b>\$0</b>	<b>\$789,500</b>

## Explanation of Revenues

\$ 19,500 - State Mental Health Grant: Local Administration - Addictions Services based on 2015-2017 IGA with State of Oregon  
\$ 70,000 - State Mental Health Grant: Problem Gambling Prevention Services based on 2015-2017 IGA with State of Oregon  
\$ 700,000 - State Mental Health Grant: Problem Gambling Treatment Services based on 2015-2017 IGA with State of Oregon

## Significant Program Changes

Last Year this program was: FY 2016: 40086-16 Addiction Services Gambling Treatment & Prevention