

**Program #40086 - Addiction Services Gambling Treatment & Prevention** 2/21/2018

**Department:** Health Department **Program Contact:** Devarshi Bajpai  
**Program Offer Type:** Existing Operating Program **Program Offer Stage:** As Requested  
**Related Programs:**  
**Program Characteristics:** In Target

**Executive Summary**

Gambling addiction treatment uses evidence-based practices in an outpatient setting to provide treatment to persons diagnosed with mild, moderate, or severe gambling addiction. Based on FY16/17 data the county's community-based providers treated approximately 241 individuals and family members. Countywide data shows that problem gamblers and family members can access treatment in less than five days from initial contact 99% of the time and 74% report no gambling 12 months following treatment.

**Program Summary**

Multnomah County's Problem Gambling services are guided by a public health approach that takes into consideration biological, behavioral, economic, cultural, and policy factors influencing gambling and health. Gambling treatment and prevention services incorporate prevention, harm reduction and multiple levels of treatment by placing emphasis on quality of life issues for the person who gambles, family members, and communities. In FY16/17, 203 gamblers enrolled in treatment. As noted, family participation is important, and 38 family members enrolled in treatment.

Approximately 1,400 adult Oregonians statewide receive Lottery funded treatment each year. Multnomah County has the highest rate, per capita (18 years and older), of lottery sales statewide. Nearly 90% report a preference for gambling on machines (video poker, line games, slots). Problem gambling treatment services are focused on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to a level of healthy functioning. Problem gambling treatment assists the gambler and family in managing money/finances, rebuilding trust within the family, learning gambling prevention techniques, and maintaining recovery.

Multnomah County provider network has expanded and includes Lewis & Clark College, Volunteers of America InAct, Cascadia Behavioral Healthcare, OHSU, Empowerment Clinic and Voices of Problem Gambling Recovery (VPGR). Culturally specific, African American services are available in this network of providers. Newly established is the Latino Problem Gambling Tri-County Services. This is a Latino culturally specific gambling treatment in the Tri-County region administered through Lewis and Clark College and funded direct by the State.

Problem gambling prevention strategies address widespread lack of awareness among youth, parents and other adults in our communities. The problem gambling prevention provider, Volunteers of America of Oregon (VOA), offers problem gambling prevention information to parents, teachers and school administrators, as well as implementing two curricula -- "Wanna Bet?" and "Stacked Deck" -- to their students.

**Performance Measures**

Measure Type	Primary Measure	FY17 Actual	FY18 Purchased	FY18 Estimate	FY19 Offer
Output	Number of gamblers and family members accessing treatment annually <sup>1</sup>	241	360	350	350
Outcome	Gambler successful treatment completion rate <sup>2</sup>	35.4%	50%	45%	45%

**Performance Measures Descriptions**

<sup>1</sup> Output - The number of persons completing the enrollment process and entering treatment.  
<sup>2</sup> Outcome - The number of gamblers completing a minimum of 75% of the short-term treatment goals, completing a continued wellness plan, and not engaging in problem gambling behaviors for a least 30 days prior to discharge. The rate is the number of successful gamblers divided by the number of unsuccessful gamblers and the "neutral" drops.

## Legal / Contractual Obligation

Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with State Service Elements. The funds earmarked for gambling prevention and treatment in the Service Element are from Oregon Lottery revenues and may not be used for other purposes.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2018	2018	2019	2019
Personnel	\$0	\$18,797	\$0	\$19,927
Contractual Services	\$0	\$778,708	\$0	\$788,119
Materials & Supplies	\$0	\$2,203	\$0	\$2,204
Internal Services	\$0	\$11,293	\$0	\$0
<b>Total GF/non-GF</b>	<b>\$0</b>	<b>\$811,001</b>	<b>\$0</b>	<b>\$810,250</b>
<b>Program Total:</b>	<b>\$811,001</b>		<b>\$810,250</b>	
<b>Program FTE</b>	0.00	0.15	0.00	0.15

Program Revenues				
Intergovernmental	\$0	\$811,001	\$0	\$810,250
<b>Total Revenue</b>	<b>\$0</b>	<b>\$811,001</b>	<b>\$0</b>	<b>\$810,250</b>

## Explanation of Revenues

\$ 38,500 - State Mental Health Grant: Local Administration - Addictions Services based on 2017-2019 IGA with State of Oregon.

\$ 700,000 - State Mental Health Grant: Problem Gambling Treatment Services based on 2017-2019 IGA with State of Oregon.

\$ 71,750 - State Mental Health Grant: Problem Gambling Prevention Services based on 2017-2019 IGA with State of Oregon, Oregon Health Authority (OHA).

## Significant Program Changes

**Last Year this program was:** FY 2018: 40086 Addiction Services Gambling Treatment & Prevention