

Department: Health Department **Program Contact:** Anthony Jordan
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics:

Executive Summary

Gambling addiction treatment uses evidence-based practices in an outpatient setting to provide treatment to persons diagnosed with mild, moderate, or severe gambling addiction. Based on FY18 data the county's community-based providers treated approximately 318 individuals and family members. Countywide data shows that problem gamblers and family members can access treatment in less than five days from initial contact over 80% of the time, and over 55% meet retention criteria by attending a minimum of ten contact sessions (the State benchmark is 40%).

Program Summary

Multnomah County's Problem Gambling services are guided by a public health approach that takes into consideration biological, behavioral, economic, cultural, and policy factors influencing gambling and health. Services incorporate prevention, harm reduction and multiple levels of treatment by placing emphasis on quality of life issues for the person who gambles, their family members, and communities. In FY19, 146 individuals enrolled in problem gambling treatment. As noted, family participation is important, and 37 family members enrolled in treatment. Problem gambling treatment services are focused on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to a level of healthy functioning. Problem gambling treatment assists the gambler and family in managing money/finances, rebuilding trust within the family, and maintaining recovery.

Multnomah County provider network includes Lewis & Clark College, Volunteers of America, Cascadia Behavioral Healthcare, and Voices of Problem Gambling Recovery (VPGR). The Latino Problem Gambling Tri-County Services program, administered through Lewis & Clark College, was established in FY18. An Asian Problem Gambling Program is being developed by Asian Health & Services Center for FY20. Culturally-specific programs are funded directly by the State.

Problem gambling prevention programming has focused on assessing overall community awareness of problem gambling as an issue and developing new strategies for the prevention of problem gambling disorders in Multnomah County. Prevention messaging focuses on the risks of problem gambling, tips for responsible gambling, and resources for finding help for individuals with gambling issues. In FY20, the prevention program will be working to reduce stigma related to problem gambling addiction, and promoting the Reflect, Resource, Renew campaign put together by the State's Problem Gambling Services program.

Performance Measures

Measure Type	Primary Measure	FY19 Actual	FY20 Budgeted	FY20 Estimate	FY21 Offer
Output	Number of gamblers and family members accessing treatment annually ¹	318	350	350	350
Outcome	Gambler successful treatment completion rate ²	33%	30%	42%	42%

Performance Measures Descriptions

¹ Output - The number of persons completing the enrollment process and entering treatment.

² Outcome - The number of gamblers completing a minimum of 75% of the short-term treatment goals, completing a continued wellness plan, and not engaging in problem gambling behaviors for a least 30 days prior to discharge. The rate is the number of successful gamblers divided by the number of unsuccessful gamblers and the "neutral" drops.

Legal / Contractual Obligation

Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with State Service Elements. The funds earmarked for gambling prevention and treatment in the Service Element are from Oregon Lottery revenues and may not be used for other purposes.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2020	2020	2021	2021
Personnel	\$0	\$18,458	\$0	\$141,439
Contractual Services	\$0	\$788,978	\$0	\$732,857
Materials & Supplies	\$0	\$2,204	\$0	\$10,417
Internal Services	\$0	\$610	\$0	\$13,394
Total GF/non-GF	\$0	\$810,250	\$0	\$898,107
Program Total:	\$810,250		\$898,107	
Program FTE	0.00	0.15	0.00	1.20

Program Revenues				
Intergovernmental	\$0	\$810,250	\$0	\$898,107
Total Revenue	\$0	\$810,250	\$0	\$898,107

Explanation of Revenues

\$ 38,500 - State Mental Health Grant: System Management & Coordination based on 2019-2021 IGA with State of Oregon
\$ 775,000 - State Mental Health Grant: Problem Gambling Treatment Services based on 2019-2021 IGA with State of Oregon
\$ 84,607 - State Mental Health Grant: Problem Gambling Prevention Services based on 2019-2021 IGA with State of Oregon

Significant Program Changes

Last Year this program was: FY 2020: 40086-20 Addiction Services Gambling Treatment & Prevention

In FY20, Multnomah County is hiring a Problem Gambling Outreach Coordinator as part of the Addictions Benefit Coordination team (ABC). This position will improve Multnomah County's penetration rate for problem gambling services and directly impact individuals seeking treatment and recovery support services by providing outreach to the community and behavioral health providers, and coordinating care for referrals to gambling treatment.