



Program #40086 - Addiction Services Gambling Treatment & Prevention FY 2025 Department Requested

Department: Health Department **Program Contact:** Anthony Jordan
Program Offer Type: Operating **Program Offer Stage:** Department Requested
Related Programs:
Program Characteristics: In Target

Executive Summary

Gambling addiction treatment uses evidence-based practices in an outpatient setting to provide treatment to persons diagnosed with mild, moderate, or severe gambling addiction. Problem gambling prevention programming applies evidence based strategies to increase awareness among County residents that gambling is an activity that carries risk and that treatment and prevention resources are available.

Program Description

Multnomah County's Problem Gambling Services (PGS) are guided by a public health approach that considers biological, behavioral, and economic issues. Current Oregon prevalence rates show approximately 2.6% of adult Oregonians could have a gambling disorder - over 100,000 Oregonians and 20,000 Multnomah County residents. Problem Gambling Services includes both prevention and treatment resources, placing emphasis on quality of life issues for the person who gambles, their family members, and communities. Problem Gambling (PG) prevention programming focuses on increasing awareness of PG as an issue and develops strategies for the prevention of PG disorders. PG treatment services focus on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to a level of healthy functioning. Treatment assists the gambler and their family with managing money/finances, rebuilding trust within the family, and maintaining recovery. The Multnomah County provider network includes Lewis & Clark College, Volunteers of America, and Voices of Problem Gambling Recovery. In FY24, we expanded PGS to include new staff in both prevention and treatment. The PGS will now have one FTE dedicated to care coordination for individuals seeking or referred into treatment for problematic gambling. Our PGCC will dedicate their time to expanding our provider network, including focused attention on culturally specific providers.

Performance Measures

| Measure Type | Performance Measure | FY23 Actual | FY24 Budgeted | FY24 Estimate | FY25 Target |
|--------------|--|-------------|---------------|---------------|-------------|
| Output | 1. Number of gamblers and family members accessing treatment annually | 66 | 200 | 150 | 180 |
| Outcome | 2. Gambler successful treatment completion rate | 31.3% | 30% | 30% | 30% |
| Outcome | 3. % of clients receiving Care Coordination, successfully placed in gambling treatment or recovery support | 65% | 60% | 60% | 60% |
| Output | 4. Number of problem gambling prevention activities delivered | 22 | 22 | 22 | 22 |

Performance Measures Descriptions

1. The number of persons completing the enrollment process and entering treatment. 2. The number of gamblers and family members who successfully completed treatment during the year. 3. The number of referred clients who enrolled in Gambling Care Coordination services and were successfully placed in Gambling Treatment and/or Recovery Support services. 4. Tracked via Problem Gambling quarterly prevention reports.

Legal / Contractual Obligation

Multnomah County accepts the State Mental Health Grant, and spends funds in accordance with State Service Elements. The funds earmarked for gambling prevention and treatment in the Service Element are from Oregon Lottery revenues and may not be used for other purposes.

Revenue/Expense Detail

| | Adopted General Fund | Adopted Other Funds | Department Requested General Fund | Department Requested Other Funds |
|-------------------------|-------------------------|------------------------|---|--|
| Program Expenses | 2024 | 2024 | 2025 | 2025 |
| Personnel | \$0 | \$482,359 | \$0 | \$509,356 |
| Contractual Services | \$0 | \$949,920 | \$0 | \$1,163,412 |
| Materials & Supplies | \$0 | \$17,964 | \$0 | \$17,964 |
| Internal Services | \$0 | \$47,664 | \$0 | \$60,612 |
| Total GF/non-GF | \$0 | \$1,497,907 | \$0 | \$1,751,344 |
| Program Total: | \$1,497,907 | | \$1,751,344 | |
| Program FTE | 0.00 | 3.20 | 0.00 | 3.20 |

| Program Revenues | | | | |
|-------------------------|------------|--------------------|------------|--------------------|
| Intergovernmental | \$0 | \$1,497,907 | \$0 | \$1,751,344 |
| Total Revenue | \$0 | \$1,497,907 | \$0 | \$1,751,344 |

Explanation of Revenues

State \$ 1,383,563 - State Mental Health Grant: Problem Gambling Treatment Services based on IGA with State of Oregon
 State \$ 213,358 - State Mental Health Grant: Problem Gambling Prevention Services based on IGA with State of Oregon
 State \$ 154,423 - State Mental Health Grant: Problem Gambling Pathways Outreach

Significant Program Changes

Last Year this program was: FY 2024: 40086 Addiction Services Gambling Treatment & Prevention

Due to workforce shortages and reduced capacity in FY24, our providers had a waitlist and they were unable to see as many clients as they had previous to the pandemic. There was also a delay in the expansion of services in FY 24 resulting in a reduced estimate of clients served. We anticipate an increase in numbers served by FY25 as we ramp up capacity in our treatment organizations.