

**Department:** Health Department

**Program Contact:** Anthony Jordan

**Program Offer Type:** Operating

**Program Offer Stage:** Proposed

**Related Programs:**
**Program Characteristics:**

### Program Description

Gambling addiction treatment uses evidence-based practices in an outpatient setting to provide treatment to persons diagnosed with mild, moderate, or severe gambling disorder. Problem gambling prevention programming applies evidence based strategies to increase awareness among County residents that gambling is an activity that carries risk and that treatment and prevention resources are available.

Multnomah County's Problem Gambling Services (PGS) are guided by a public health approach. A public health approach to problem gambling involves focusing on a holistic view of the issue, integrating biological, behavioral, and economic factors, with the goal of improving the well-being of individuals, families, and communities.

Current Oregon prevalence rates show approximately 2.6% of adult Oregonians could have a gambling disorder - over 100,000 Oregonians and 20,000 Multnomah County residents. Problem Gambling Services includes both prevention and treatment resources, placing emphasis on quality of life issues for the person who gambles, their family members, and communities. Problem Gambling (PG) prevention programming focuses on increasing awareness of PG as an issue and develops strategies for the prevention of PG disorders. PG treatment services focus on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to a level of healthy functioning. Treatment assists the individual and their family with managing money/finances, rebuilding trust within the family, and maintaining recovery. The Multnomah County PGS team is focusing on outreach and treatment enrollments for culturally specific populations. Some of these populations include LGBTQIAS+, BIPOC, older adults, veterans, and college students. Focus is also on those experiencing co-occurring issues such as drugs and alcohol or mental health.

### Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Number of gamblers and family members accessing treatment annually	52	180	88	N/A
Outcome	Successful treatment completion rate	35%	30%	30%	N/A
Outcome	% of clients receiving Care Coordination, successfully placed in gambling treatment or recovery support	88%	60%	70%	70%
Output	Number of problem gambling prevention activities delivered	38	22	30	25

### Performance Measures Descriptions

1. The number of persons completing the enrollment process and entering treatment. 2. The number of gamblers and family members who successfully completed treatment during the year. 3. The number of referred clients who enrolled in Gambling Care Coordination services and were successfully placed in Gambling Treatment and/or Recovery Support services. 4. Tracked via Problem Gambling quarterly prevention reports.

## Legal / Contractual Obligation

Multnomah County accepts the State Mental Health Grant, and spends funds in accordance with State Service Elements. The funds earmarked for gambling prevention and treatment in the Service Element are from Oregon Lottery revenues and may not be used for other purposes.

## Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$0	\$509,356	\$0	\$528,432
Contractual Services	\$0	\$1,163,412	\$0	\$159,698
Materials & Supplies	\$0	\$14,548	\$0	\$14,644
Internal Services	\$0	\$64,028	\$0	\$76,398
<b>Total GF/non-GF</b>	<b>\$0</b>	<b>\$1,751,344</b>	<b>\$0</b>	<b>\$779,172</b>
<b>Program Total:</b>	<b>\$1,751,344</b>		<b>\$779,172</b>	
<b>Program FTE</b>	0.00	3.20	0.00	3.20

Program Revenues				
Intergovernmental	\$0	\$1,751,344	\$0	\$779,172
<b>Total Revenue</b>	<b>\$0</b>	<b>\$1,751,344</b>	<b>\$0</b>	<b>\$779,172</b>

## Explanation of Revenues

State \$ 415,812 - State Mental Health Grant: Problem Gambling Treatment Services based on IGA with State of Oregon  
State \$ 213,360 - State Mental Health Grant: Problem Gambling Prevention Services based on IGA with State of Oregon  
State \$ 150,000 - State Mental Health Grant: Problem Gambling Pathways Outreach

## Significant Program Changes

**Last Year this program was:** FY 2025: 40086 Addiction Services Gambling Treatment & Prevention

In FY 2026, OHA Problem Gambling Services made a change and will be directly contracting with treatment providers for problem gambling treatment. This will change our program and limit us to Outreach and Prevention programs. As a result we are closing out our first two performance measures. As we build up our outreach and care coordination efforts, we will look to expand the tracking of our program metrics.