

Department: Health Department

Program Contact: Anthony Jordan

Program Offer Type: Operating

Program Offer Stage: Proposed

Related Programs:
Program Characteristics:
Program Description

Withdrawal management is a critical level of treatment care in the Substance Use Disorder (SUD) continuum of services, as it medically stabilizes a highly vulnerable and diverse client population, preparing individuals for residential, outpatient, and recovery support services. Our contracted withdrawal management providers admit about 2,400 individuals annually, receiving Medicaid reimbursement for individuals covered by the Oregon Health Plan. As the Community Mental Health Program, the Behavioral Health Division's Addictions Detoxification program is responsible for providing withdrawal management services to the uninsured and underinsured populations, which total fewer individuals than those served by community providers and consist of people who struggle to receive services elsewhere. Funding for these SUD treatment services prioritizes individuals at/below 200% poverty who are uninsured or insured but face high deductibles or copays that create a burden to accessing care. Supportive Housing and Care Coordination services target individuals who are houseless or without safe housing conducive to recovery and provide additional engagement and stability throughout the transition from this level of care to continued treatment and recovery support.

This program provides clinical and medical care to individuals in withdrawal from substance use. Withdrawal management services are provided 24 hours/day, 7 days/week with medical oversight. Clients may receive prescribed medication to safely manage withdrawal symptoms and other supportive services based on individualized needs. Services are provided by medical professionals and clinical staff that address: SUD, physical health, and co-occurring disorders. Withdrawal management also includes: counseling, case management, referrals to supportive housing units, food, transportation, job training, employment opportunities, benefits eligibility screening, and discharge linkage to continuing treatment and recovery support services.

Withdrawal Management services are enhanced by two specific types of recovery support services to better serve this population: Supportive Housing and Care Coordination. Supportive Housing greatly increases treatment engagement rates post discharge from withdrawal management treatment. For people who are houseless, chemically dependent, and early in recovery it can be a vital resource in the work towards long-term recovery. Without housing, clients lack the stability necessary to address their substance use disorder. Supportive Housing Specialists work with individuals to ensure they do not return to houselessness or unstable/unsafe living conditions that are often barriers to recovery. Care Coordinators ensure clients exiting withdrawal management treatment are successfully transitioned to another level of care and connect them to recovery support services to continue their individual recovery paths. Additionally, Care Coordinators assist clients in accessing a myriad of supportive services that promote health, recovery, stability, and self-sufficiency.

Performance Measures

| Measure Type | Performance Measure | FY24 Actual | FY25 Budgeted | FY25 Estimate | FY26 Target |
|--------------|--|-------------|---------------|---------------|-------------|
| Output | Number of unique indigent individuals receiving Withdrawal Management services annually (1) | 93 | 180 | 100 | 105 |
| Outcome | % of individuals served in Care Coordination, exiting withdrawal management & transitioning to another level | 78% | 80% | 80% | 80% |
| Output | Number of clients served in Care Coordination transition services (2) | 2,368 | 2,700 | 2,284 | 2,300 |
| Output | Number of individuals receiving supportive housing (3) | 525 | 236 | 545 | 590 |

Performance Measures Descriptions

(1) Withdrawal Management: Includes the number of unique indigent individuals who may receive multiple admissions in the course of the year. (2) Care Coordination: Includes both indigent clients and clients with OHP or other health insurance. The metric corresponds to the estimated annual number of individuals housed in these dedicated supportive housing beds. (3) Average length of stay in supportive housing is 14-15 weeks. The metric corresponds to the estimated annual number of individuals housed in these dedicated supportive housing beds.

Legal / Contractual Obligation

This program is funded with federal substance abuse prevention and treatment resources and state general funds through the State Oregon Health Authority (OHA) Addictions and Mental Health Division (AMH) contract. Program planning is developed based on State Mental Health Grant Award requirements and submitted in the "Biennial Implementation Plan." Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with State service elements.

Revenue/Expense Detail

| | Adopted General Fund | Adopted Other Funds | Proposed General Fund | Proposed Other Funds |
|------------------------|-------------------------|------------------------|--------------------------|-------------------------|
| Program Expenses | 2025 | 2025 | 2026 | 2026 |
| Personnel | \$0 | \$232,388 | \$0 | \$220,456 |
| Contractual Services | \$1,539,894 | \$907,535 | \$1,515,449 | \$577,559 |
| Materials & Supplies | \$0 | \$0 | \$0 | \$8 |
| Internal Services | \$0 | \$4,927 | \$0 | \$5,972 |
| Total GF/non-GF | \$1,539,894 | \$1,144,850 | \$1,515,449 | \$803,995 |
| Program Total: | \$2,684,744 | | \$2,319,444 | |
| Program FTE | 0.00 | 1.65 | 0.00 | 1.50 |

| Program Revenues | | | | |
|----------------------|------------|--------------------|------------|------------------|
| Intergovernmental | \$0 | \$1,144,850 | \$0 | \$803,995 |
| Total Revenue | \$0 | \$1,144,850 | \$0 | \$803,995 |

Explanation of Revenues

Federal \$ 274,292 - State Mental Health Grant: A&D Detoxification Housing Block Grant based on IGA with State of Oregon.

State \$ 529,703 - State Mental Health Grant SE 66: A&D Detoxification Treatment based on IGA with State of Oregon.

Significant Program Changes

Last Year this program was: FY 2025: 40089 Addictions Detoxification & Post Detoxification Housing