

Program #40091 - Family Involvement Team
FY 2026 Proposed
Department: Health Department

Program Contact: Anthony Jordan

Program Offer Type: Operating

Program Offer Stage: Proposed

Related Programs:
Program Characteristics:
Program Description

The Family Involvement Team (FIT) for Recovery program is a collaboration with the Oregon Department of Human Services (DHS) Child Welfare, Substance Use Disorder (SUD) treatment and recovery support providers, social service agencies, and the Multnomah County Family Dependency Court. Each year, the FIT for Recovery program connects over 700 unique parents who have had their parental rights taken away due to substance use issues with treatment and recovery support services, specialized case management services, and peer supports from individuals with lived experience with the Child Welfare system. This connection supports parents in accessing needed services and recovery, which makes family preservation and reunification possible.

The FIT for Recovery Core Team, housed at the Family Dependency Court, works with parents involved with DHS Child Welfare who have a substance use disorder and are in need of treatment and recovery support services. Culturally specific peer support and outreach workers with lived experience meet parents directly at court hearings where parental rights are terminated to provide immediate support at a critical time. These staff work to establish a connection with parents, screen for SUD and other needs, and make referrals to treatment and support services. Warm handoffs ensure individuals have support navigating any access barriers to getting into treatment.

Once in treatment, FIT case managers with lived experience and specialized knowledge of navigating the Child Welfare and family court systems at partnering SUD treatment agencies provide the family with supportive services including case management, family therapy, and family recovery services to assist the parent/family in being successful and in developing a recovery plan. DHS Child Welfare caseworkers assist and collaborate with Case Managers and provide parent skill building, ensuring child visitation and reunification while in treatment. Peer and parent mentors are also available through the FIT collaborative before, during, and after treatment. Parenting Support groups are also provided by peers with lived experience.

Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Number of FIT referrals per year	764	800	800	800
Outcome	% of FIT clients referred who enter treatment	45%	40%	45%	47%

Performance Measures Descriptions

1) The FIT program aims to streamline and support DHS Child Welfare clients' access to drug and alcohol treatment and recovery services, with a target of 800 referrals per year. 2) The percentage of Multnomah County/DHS Child Welfare-involved parents referred to alcohol and drug treatment, in order to prevent out of home placement of children and reduce the time children may be in out-of-home placement, and/or to reunite children with parents upon their engagement and transition to a recovery lifestyle.

Legal / Contractual Obligation

Multnomah County accepts the State Mental Health Grant, and we are obligated to spend funds in accordance with State Service Elements.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2025	2025	2026	2026
Contractual Services	\$36,968	\$328,062	\$33,935	\$331,995
Total GF/non-GF	\$36,968	\$328,062	\$33,935	\$331,995
Program Total:	\$365,030		\$365,930	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues				
Intergovernmental	\$0	\$328,062	\$0	\$331,995
Total Revenue	\$0	\$328,062	\$0	\$331,995

Explanation of Revenues

\$ 331,995 - State Mental Health Grant SE 66 Family Involvement Team (FIT) based on IGA with the State.

Significant Program Changes

Last Year this program was: FY 2025: 40091 Family Involvement Team