

**Division:** Public Health

**Program Characteristics:**

**Program Description**

Parent Child Family Health (PCFH) supports families via home visits and case management. These services work to address the needs of pregnant and parenting families. Goals include promoting healthy pregnancy and postpartum periods, and mental health and wellness. Through these goals, PCFH prevents infant deaths, preterm births, and child abuse/neglect.

PCFH includes four programs. Healthy Birth Initiatives addresses health inequities in birth outcomes by providing culturally specific services for Black/African American families who are pregnant or parenting. Healthy Families provides child abuse prevention and promotion of positive parent-child interactions. Family Connects offers a home visit by a nurse to all birthing families in the postpartum period. Multnomah Early Childhood Program provides support for families with children who have special health needs. David Douglas School District and the Preschool for All program contract with the Multnomah Early Childhood Program to provide these services in the classroom setting and other community settings.

Families who participate in PCFH home visiting services are:

- More likely to be up-to-date on vaccinations on their child's first birthday;
- More likely to meet breastfeeding/lactation goals at 6 months;
- More likely to complete their postpartum follow-up;
- More likely to have babies born with healthy weight, when enrolled prenatally; and
- More likely to be connected with mental health support services.

**Equity Statement**

Support before birth and in early childhood improves health across the lifespan. PCFH offers all families in Multnomah County some level of support during this time. PCFH provides additional support to communities experiencing unfair and preventable poor health. We prioritize our Black and African American communities in response to data showing they experience the most severe health inequities related to birth and early childhood. This approach improves the overall health of Multnomah County.

**Revenue/Expense Detail**

	<b>2026 General Fund</b>	<b>2026 Other Funds</b>	<b>2027 General Fund</b>	<b>2027 Other Funds</b>
Personnel	\$2,601,133	\$2,882,753	\$1,841,797	\$3,708,662
Contractual Services	\$1,072,151	\$4,244,189	\$1,651,981	\$2,957,005
Materials & Supplies	\$149,320	\$269,899	\$147,477	\$69,504
Internal Services	\$772,380	\$1,019,862	\$614,090	\$1,157,865
<b>Total GF/non-GF</b>	<b>\$4,594,984</b>	<b>\$8,416,703</b>	<b>\$4,255,345</b>	<b>\$7,893,036</b>
<b>Total Expenses:</b>	<b>\$13,011,687</b>		<b>\$12,148,381</b>	
<b>Program FTE</b>	16.13	16.37	10.05	20.70
<b>Program Revenues</b>				
Intergovernmental	\$0	\$6,328,377	\$0	\$6,327,884
Other / Miscellaneous	\$0	\$25,092	\$0	\$29,403
Beginning Working Capital	\$0	\$400,000	\$0	\$67,000
Service Charges	\$0	\$1,663,234	\$0	\$1,468,749
<b>Total Revenue</b>	<b>\$0</b>	<b>\$8,416,703</b>	<b>\$0</b>	<b>\$7,893,036</b>

**Performance Measures**

<b>Performance Measure</b>	<b>FY25 Actual</b>	<b>FY26 Estimate</b>	<b>FY27 Target</b>
Number of families served by PCFH programs - Healthy Birth Initiatives, Healthy Families, Multnomah Early Childhood Program, and Family Connects	2,369	2,260	2,542
Number of visits completed by PCFH programs - Healthy Birth Initiatives, Healthy Families, Multnomah Early Childhood Program, and Family Connects	17,515	14,820	15,220