

Division: Public Health

Program Characteristics:

Program Description

Parent Child Family Health (PCFH) supports families via home visits and case management. These services work to address the needs of pregnant and parenting families. Goals include promoting healthy pregnancy and postpartum periods, and mental health and wellness. Through these goals, PCFH prevents infant deaths, preterm births, and child abuse/neglect.

PCFH includes four programs. Healthy Birth Initiatives addresses health inequities in birth outcomes by providing culturally specific services for Black/African American families who are pregnant or parenting. Healthy Families provides child abuse prevention and promotion of positive parent-child interactions. Family Connects offers a home visit by a nurse to all birthing families in the postpartum period. Multnomah Early Childhood Program provides support for families with children who have special health needs. David Douglas School District and the Preschool for All program contract with the Multnomah Early Childhood Program to provide these services in the classroom setting and other community settings.

Families who participate in PCFH home visiting services are:

- More likely to be up-to-date on vaccinations on their child's first birthday;
- More likely to meet breastfeeding/lactation goals at 6 months;
- More likely to complete their postpartum follow-up;
- More likely to have babies born with healthy weight, when enrolled prenatally; and
- More likely to be connected with mental health support services.

Equity Statement

Support before birth and in early childhood improves health across the lifespan. PCFH offers all families in Multnomah County some level of support during this time. PCFH provides additional support to communities experiencing unfair and preventable poor health. We prioritize our Black and African American communities in response to data showing they experience the most severe health inequities related to birth and early childhood. This approach improves the overall health of Multnomah County.

Revenue/Expense Detail

	2026 General Fund	2026 Other Funds	2027 General Fund	2027 Other Funds
Personnel	\$2,601,133	\$2,882,753	\$1,841,797	\$3,708,662
Contractual Services	\$1,072,151	\$4,244,189	\$1,651,981	\$2,835,794
Materials & Supplies	\$149,320	\$269,899	\$147,477	\$69,504
Internal Services	\$772,380	\$1,019,862	\$598,859	\$1,090,865
Total GF/non-GF	\$4,594,984	\$8,416,703	\$4,240,114	\$7,704,825
Total Expenses:	\$13,011,687		\$11,944,939	
Program FTE	16.13	16.37	10.05	20.50
Program Revenues				
Intergovernmental	\$0	\$6,328,377	\$0	\$6,206,673
Other / Miscellaneous	\$0	\$25,092	\$0	\$29,403
Beginning Working Capital	\$0	\$400,000	\$0	\$0
Service Charges	\$0	\$1,663,234	\$0	\$1,468,749
Total Revenue	\$0	\$8,416,703	\$0	\$7,704,825

Performance Measures

Performance Measure	FY25 Actual	FY26 Estimate	FY27 Target
Number of families served by PCFH programs - Healthy Birth Initiatives, Healthy Families, Multnomah Early Childhood Program, and Family Connects	2,369	2,260	2,542
Number of visits completed by PCFH programs - Healthy Birth Initiatives, Healthy Families, Multnomah Early Childhood Program, and Family Connects	17,515	14,820	15,220