

Program #40099A - Early Childhood Mental Health Program
FY 2026 Adopted
Department: Health Department

Program Contact: Yolanda Gonzalez

Program Offer Type: Operating

Program Offer Stage: Adopted

Related Programs:
Program Characteristics:
Program Description

This program focuses on the healthy social/emotional development of children from birth to age six, through culturally, linguistically and trauma responsive prevention and treatment services. The Early Childhood program works collaboratively with Early Childhood programs and community partners, using an anti-racist equity lens, to ensure the success of children and to decrease school suspension and expulsion rates, alleviating the impacts of disparities. The program provides evidence-based services which include: early child mental health consultation, child and family mental health treatment services, parent groups, and care coordination services with culturally and linguistically responsive community support. These services have proven vital in contributing to retention of children in educational settings.

Early Childhood Mental Health Consultants provide a comprehensive continuum of culturally and linguistically responsive preventative mental health consultation that support roughly 5,000 children County-wide and their families in all Head Start Programs to promote social/emotional development and school readiness. The consultants use the Pyramid Model framework, which includes evidence-based practices for promoting young children's healthy social and emotional development. Services include early childhood classroom consultation with educators, child mental health assessment, family centered treatment, case management services, crisis triage, referral to community supports, and parent support and education. This program works in close collaboration with Early Childhood Community Partners and Early Learning Multnomah to ensure coordinated services occur for Multnomah County's at-risk children and families. A hallmark of this program is Spanish-speaking, Latine cultural staff, and Black/African American culturally responsive counseling and parent support services provided to families at Albina, Portland Public Schools, Migrant Seasonal, Neighborhood House, and Mt. Hood Community College Head Starts.

Community-based culturally responsive treatment services are specifically available for Latine and Black/African American children to increase success at home and reduce the likelihood of suspension or expulsion from Head Start. The prevention, treatment and early intervention services provided to these young children and their families address mental health and developmental needs before they become acute and require more intensive and costly care and have a greater impact on families. A critical goal of this program is to ensure children are ready to learn once they enter kindergarten.

Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Total children receiving prevention services. ¹	5,535	4,700	5,535	5,000
Output	Total children receiving culturally specific treatment services ²	21	30	28	30

Performance Measures Descriptions

¹ All children enrolled at the Head Start sites we serve.

² A Clinician was on parental leave for part of the year which impacted FY24 clients served.

Legal / Contractual Obligation

Head Start Revenue Contracts

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$1,630,843	\$517,938	\$1,420,153	\$789,576
Contractual Services	\$188,094	\$613	\$192,608	\$1
Materials & Supplies	\$5,859	\$1,977	\$6,661	\$154
Internal Services	\$107,906	\$197,100	\$152,640	\$212,060
Total GF/non-GF	\$1,932,702	\$717,628	\$1,772,062	\$1,001,791
Program Total:	\$2,650,330		\$2,773,853	
Program FTE	9.77	3.24	8.47	4.71

Program Revenues				
Intergovernmental	\$0	\$431,904	\$0	\$716,067
Service Charges	\$0	\$285,724	\$0	\$285,724
Total Revenue	\$0	\$717,628	\$0	\$1,001,791

Explanation of Revenues

This program generates \$19,549 in indirect revenues.

\$144,616 - MHS-20: CBMH - Children & Fam. - EC - CY22

\$571,451 - MHS-20: Community Based Mental Health - Early Child & Family - Block Grant - GY25

\$285,724 - CBMH Child & Fam EC Ins

Significant Program Changes

Last Year this program was: FY 2025: 40099A Early Childhood Mental Health Program

1.47 FTE was moved from County General Fund to other funding, with no impact to services. 0.25 FTE Behavioral Health Manager reduced with no impact to services provided to clients.