

Department: Health Department

Program Contact: Barbara Snow

Program Offer Type: Operating

Program Offer Stage: Adopted

Related Programs:
Program Characteristics:

Program Description

Multnomah County has experienced an increase in houseless individuals experiencing mental health and substance use challenges. The February 2024 Point In Time count of sheltered and unsheltered people experiencing homelessness showed an increase in unsheltered individuals within Multnomah County growing at a staggering 29% rate. Black, Indigenous, and People of Color (BIPOC) individuals experienced the greatest disparity in accessing services.

The Behavioral Health Resource Center (BHRC) Day Program consists of a Day Center, Referral Van, and Outreach Teams. Through these three components Peer Support Staff provide low-barrier connection and support, linking individuals to basic needs services onsite, offering connection, hope and direction through the sharing of their lived experience. The goals of peers are to reduce stigma and increase access to support and resources so that individuals can take the first step of moving towards housing stability. The BHRC Day Program is a unique peer-operated and trauma-informed space. It provides increased access to individuals most marginalized and vulnerable due to systemic oppression and historical trauma. The program also increases access to referrals and housing options (see BHRC Shelter and Bridge Housing program), provides access to medical services through partnerships with other Health Department programs, and operates during severe weather.

The Referral Van operates daily from 6am-2pm offering initial support and connection to over 250 people a day. Clients can access coffee, resources, and basic supplies as well as entry tickets to the Day Center. This connection increases treatment readiness and likelihood of engaging at the Day Center. The Day Center serves 100 individuals daily through a system that reduces competition for resources and supports engagement with peers. Offering an array of services, including access to showers, bathrooms, laundry, clothing, computers and printing, wifi and charging stations, mail service, snacks, coffee, activity space, and safe, calming spaces to relax and gain support from peer staff. The Outreach Team walks a 2-10 block radius around the facility to engage with individuals, inviting them back to the BHRC for services or referring them immediately to other community partners. This team successfully refers three people to detox a day, and dozens more to community services, including emergency beds onsite in the BHRC Shelter in coordination with Shelter staff.

Additional outreach services in this Program Offer pairs behavioral health providers and law enforcement to help people living outside with addiction and unmet behavioral health needs. Under this model, when law enforcement encounters someone using drugs in public, they offer them the opportunity to meet with a trained outreach worker. If the person agrees, an outreach team is deployed to their location within 10 minutes or less to help secure culturally competent services, treatment, and shelter in real time. If same-day care is not available, outreach workers maintain contact to support the person with their service plan, while also working to navigate wait lists and other barriers to get them access to care as quickly as possible.

Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Number of individuals receiving peer delivered services and access to basic needs daily	97	150	99	100
Outcome	Percent of participants that will have access to onsite supports, including basic needs and social connection.	99%	90%	99%	100%
Outcome	Percent of individuals served daily that will use onsite connection and/or community support.	63%	70%	66%	70%

Performance Measures Descriptions

Outputs reflect the number of individuals that access services (not unique individuals) since identification is not required. Van and outreach service activities will be added to performance measures in the future. An additional performance measure was added in FY26 for outreach services paired with law enforcement. FY25 was the first year services were offered and budgeted outputs were not calibrated to actual use by law enforcement; FY26 has been subsequently adjusted to reflect first year results.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$16,879	\$441,621	\$0	\$481,854
Contractual Services	\$2,065,857	\$1,571,107	\$2,180,248	\$1,771,907
Materials & Supplies	\$0	\$10,719	\$196	\$8,368
Internal Services	\$935,083	\$249,980	\$1,147,489	\$194,894
Total GF/non-GF	\$3,017,819	\$2,273,427	\$3,327,933	\$2,457,023
Program Total:	\$5,291,246		\$5,784,956	
Program FTE	0.00	1.50	0.00	1.80

Program Revenues				
Intergovernmental	\$0	\$873,427	\$0	\$791,223
Beginning Working Capital	\$0	\$0	\$0	\$228,000
Total Revenue	\$0	\$873,427	\$0	\$1,019,223

Explanation of Revenues

This program generates \$75,555 in indirect revenues.

Federal: \$ 520,000 - CareOregon - Behavioral Health Resource Center

Federal: \$ 79,620 - Trillium - Behavioral Health Resource Center (BHRC)

State: \$ 191,603 - OHA Behavioral Health Community Mental Health Programs & Capital - BHRC

\$ 228,000 OHA CFAA Settlement

\$1,437,800 Supportive Housing Services (SHS) Fund 1521. Tax revenues are budgeted in the Homeless Services Department program 30999 Supportive Housing Services Revenue for Other Departments.

Significant Program Changes

Last Year this program was: FY 2025: 40105A Behavioral Health Resource Center (BHRC) - Day Center

In FY 2026, this program also contains services from FY 2025 Program #40105C - Downtown Addiction Services Pilot.