



Program #40105A - Behavioral Health Resource Center (BHRC) - Day Center FY 2026 Department Requested

Department: Health Department **Program Contact:** Barbara Snow
Program Offer Type: Operating **Program Offer Stage:** Department Requested
Related Programs:
Program Characteristics:

Program Description

Multnomah County has experienced an increase in houseless individuals experiencing mental health and substance use challenges. The February 2024 Point In Time count showed an increase in unsheltered individuals within the County growing at a staggering 29% rate. With the greatest disparity in service access among Black, Indigenous, and People of Color (BIPOC) individuals.

The Behavioral Health Resource Center (BHRC) Day Program consists of a Day Center, Referral Van, and Outreach Teams. Through these three components Peer Support Staff provide low barrier connection and support, linking individuals to basic needs services onsite, offering connection, hope and direction through the sharing of their lived experience with the goal of reducing stigma and increasing individuals access to support and resources so that the first steps towards moving out of homelessness can begin. The BHRC Day Program is a unique Peer Operated and trauma-informed space, there is no other service like this. It provides increased access to individuals most marginalized and vulnerable due to systemic oppression and historical trauma.

The Referral Van operates daily from 6am-2pm offering initial support and connection to over 250 people a day. They provide coffee, resources, and basic supplies as well as entry tickets for the Day Center. This engagement centers on listening, building trust and making linkages with people. This connection increases treatment readiness and likelihood of engaging at the Day Center. The Day Center serves 100 individuals daily through a system that reduces competition for resources and supports engagement with peers. Offering an array of services, including access to showers, bathrooms, laundry, clothing, computers and printing, wifi and charging stations, mail service, snacks, coffee, activity space, and safe, calming spaces to relax and gain support from peer staff with lived experience. The Outreach Team walks a 2-10 block radius around the facility to engage with individuals, inviting them back to the BHRC for services or referring them immediately to other community partners. This team successfully refers 3 people to detox a day, and dozens more to community services, including emergency beds onsite in the BHRC Shelter in coordination with Shelter staff.

The program provides outreach and basic needs to those that can not get services elsewhere; increases access to Peer Support; increases access to referrals and housing options (see BHRC Shelter and Bridge Housing program); provides access to medical services through partnerships with other Health Department programs; and operates during severe weather.

Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Number of individuals receiving peer delivered services and access to basic needs daily	97	150	99	100
Outcome	Percent of participants will have access to onsite supports, including basic needs and social connection.	99%	90%	99%	95%
Outcome	Percent of individuals served daily will use onsite connection to community supports.	63%	70%	66%	70%

Performance Measures Descriptions

All Day Services are low-barrier, meaning that an individual does not need to provide full name or identification. This allows for greater access for those most vulnerable and reluctant to pursue support due to historical trauma and oppression. Therefore performance measures provide numbers of unique individuals daily that access services. We will be looking to adjust performance measures to include the van and outreach components.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Department Requested General Fund	Department Requested Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$16,879	\$441,621	\$0	\$481,854
Contractual Services	\$2,065,857	\$1,571,107	\$2,186,635	\$1,393,241
Materials & Supplies	\$0	\$10,719	\$0	\$8,216
Internal Services	\$935,083	\$249,980	\$1,147,685	\$195,046
Total GF/non-GF	\$3,017,819	\$2,273,427	\$3,334,320	\$2,078,357
Program Total:	\$5,291,246		\$5,412,677	
Program FTE	0.00	1.50	0.00	1.80

Program Revenues				
Intergovernmental	\$0	\$873,427	\$0	\$791,223
Beginning Working Capital	\$0	\$0	\$0	\$228,000
Total Revenue	\$0	\$873,427	\$0	\$1,019,223

Explanation of Revenues

This program generates \$75,555 in indirect revenues.

Federal: \$ 520,000 - CareOregon - Behavioral Health Resource Center

Federal: \$ 79,620 - Trillium - Behavioral Health Resource Center (BHRC)

State: \$ 191,603 - OHA Behavioral Health Community Mental Health Programs & Capital - BHRC

\$ 228,000 OHA CFAA Settlement

\$1,059,134 Supportive Housing Services (SHS) Fund 1521. Tax revenues are budgeted in the Homeless Services Department program 30999 Supportive Housing Services Revenue for Other Departments.

Significant Program Changes

Last Year this program was: FY 2025: 40105A Behavioral Health Resource Center (BHRC) - Day Center

SHS funding was reduced by \$378,666 for FY26. This funding was removed from this program offer. BHD will work with the contracted provider on impacts and ways to mitigate this reduction.