

Program #40105B - Behavioral Health Resource Center (BHRC) - Shelter/Housing
FY 2026 Proposed
Department: Health Department

Program Contact: Barbara Snow

Program Offer Type: Operating

Program Offer Stage: Proposed

Related Programs:
Program Characteristics:
Program Description

Multnomah County has experienced an increase in houseless individuals experiencing mental health and substance use challenges. The February 2024 Point In Time count of sheltered and unsheltered people experiencing homelessness showed an increase in unsheltered individuals within Multnomah County growing at a staggering 29% rate. Black, Indigenous, and People of Color (BIPOC) individuals experienced the greatest disparity in accessing services. The Homelessness Response Action Plan (HRAP) calls for placing 50% of those known to be experiencing homelessness into housing.

The Behavioral Health Resource Center (BHRC) Shelter and Bridge Housing aims to provide a pathway to end homelessness for those with behavioral health concerns. The programs coordinate with the BHRC Day Program to offer Peer Support and Clinical intervention to those in the programs as they transition from dorm style shelter to smaller room Bridge Housing and then to more permanent options. The Shelter also partners with outreach teams and first responders to offer immediate access to those in crisis on the street. The BHRC Housing Program is a unique peer operated and trauma informed space. It provides increased access to individuals most marginalized and vulnerable due to systemic oppression and historical trauma.

The Behavioral Health Shelter program has 33 beds and is a mixed gender shelter. The length of stay is 1-30 days. The Bridge Housing program provides 19 beds, offers mixed gender housing, and the length of stay is 1-90 days. A contractor, staffed by peers and clinical professionals with lived experience, operates both programs and offers 24/7 support and connection to those in the program. Nearly every participant receives individualized case/care management, which includes support such as access to basic needs, bus fare, cell phones, clothing, employment services, food stamps, medical services, mental health services, and detox. Participants that exit early for any reason are able to access support in the future; staff maintain open communication and opportunities for re-engagement, ensuring critical longer-term support when needed. Participants have started a BHRC open forum and Alumni group. The Shelter program has served over 426 individuals since opening, and the Bridge program has served 136. Between the two programs, there have been over 138 successful transitional housing placements post utilization of onsite housing services. The Shelter and Bridge Housing are effective in bridging the gap between emergency shelter and permanent housing.

The program operates during severe weather and has a number of outputs including: providing immediate shelter and access to bridge housing; providing clinical support directly in the shelter and housing environment; increasing access to Peer Support; increasing coordination and pathways to housing in behavioral health continuum; and providing access to medical services through agreements with other Health Department programs.

Performance Measures

Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target
Output	Number of individuals served in Shelter and Bridge Housing programs	114	52	109	52
Outcome	% of participants using shelter beds will engage in service planning to address behavioral health and housing	86%	70%	85%	70%

Performance Measures Descriptions

This was the first year of full operation of the Shelter and Bridge Housing programs.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2025	2025	2026	2026
Contractual Services	\$254,571	\$2,861,789	\$2,032,953	\$1,113,935
Internal Services	\$637,113	\$112,861	\$969,811	\$0
Total GF/non-GF	\$891,684	\$2,974,650	\$3,002,764	\$1,113,935
Program Total:	\$3,866,334		\$4,116,699	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues				
Intergovernmental	\$0	\$1,890,000	\$0	\$0
Total Revenue	\$0	\$1,890,000	\$0	\$0

Explanation of Revenues

\$1,113,935 Supportive Housing Services (SHS) Fund 1521. Tax revenues are budgeted in the Homeless Services Department program 30999 Supportive Housing Services Revenue for Other Departments.

Significant Program Changes

Last Year this program was: FY 2025: 40105B Behavioral Health Resource Center (BHRC) - Shelter/Housing