



Program #40199R - ARP - Culturally Specific Behavioral Health Programs **FY 2024 Department Requested**

Department: Health Department **Program Contact:** Thomas Bialozor
Program Offer Type: Existing **Program Offer Stage:** Department Requested
Related Programs:
Program Characteristics: Out of Target

Executive Summary

As Multnomah County residents near the end of a third year of experiencing the impacts of COVID-19, behavioral health acuity remains high, resulting in ongoing higher need for mental health and addiction services and resources. Overdoses, suicidal ideation (especially in adolescents), violence, depression and general inability to cope continue to impact our communities as a result of the extended isolation, economic, vocational, and other stressors associated with this pandemic. In particular, Black, Indigenous, and other People of Color (BIPOC) continue to experience greater disparities. The American Rescue Plan Act offers a unique opportunity to expand access to care and services in BIPOC communities through external program investments and direct client assistance.

Program Description

This offer works to offset the increase in behavioral health and addiction acuity rates with access to culturally specific supports through multiple program investments.

The Trauma Healing and Recovery program pilot launched in FY22 and continues in FY23. Designed for African American women who have trauma histories such as abuse, abandonment, incarceration and addiction, the program offers weekly workshops, one-on-one support and an annual retreat. Women will have the opportunity to connect with culturally grounded, client identified spirituality, which is an important aspect of African American identity, leading to improved mental and physical health outcomes.

The pandemic has highlighted the need for culturally specific peer recovery support services. BHD continues to invest in new and ongoing culturally specific Peer Recovery Support services. BHD wants to continue these investments to increase and strengthen culturally specific services and ensure strong infrastructure for promising programs leading to sustained expanded culturally specific services.

Multiple providers have reported challenges for bilingual, immigrant and refugee populations that have limited ability to access services. To address this need, BHD is investing in organizations serving monolingual, immigrant and refugee communities to address barriers, thus increasing access to behavioral health and addiction services. In addition, funds from this program offer would invest in other marginalized communities, including BIPOC and LGBTQIA+. Finally, this program invests in life-saving supplies and other resources for BIPOC and other vulnerable communities impacted by COVID, including Naloxone kits and fentanyl test strips.

Performance Measures

Measure Type	Primary Measure	FY22 Actual	FY23 Budgeted	FY23 Estimate	FY24 Offer
Output	Number of unique individuals served through new program investments	583	284	60	284
Outcome	Percentage of participants in new program investments who are BIPOC	100%	70%	100%	70%

Performance Measures Descriptions

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Department Requested General Fund	Department Requested Other Funds
Program Expenses	2023	2023	2024	2024
Contractual Services	\$0	\$625,000	\$0	\$370,603
Total GF/non-GF	\$0	\$625,000	\$0	\$370,603
Program Total:	\$625,000		\$370,603	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues				
Intergovernmental	\$0	\$625,000	\$0	\$370,603
Total Revenue	\$0	\$625,000	\$0	\$370,603

Explanation of Revenues

Federal \$370,603 - ARPA Direct Federal

Significant Program Changes

Last Year this program was: FY 2023: 40199R ARP - Culturally Specific Behavioral Health Programs

This program falls under the County's Crisis Response & Community Recovery ARP Priority Area.