

Program #40199Y - Early Assessment and Support Alliance (EASA) COVID-19

FY 2024 Department Requested

**Stimulus Funding** 

**Department:** Health Department **Program Contact:** Yolanda Gonzalez

Program Offer Type: Existing Program Offer Stage: Department Requested

Related Programs: 40078

Program Characteristics: In Target

#### **Executive Summary**

The Early Assessment and Support Alliance (EASA) is an early psychosis intervention program addressing the needs of young people aged 12 to 25 who demonstrate initial symptoms of psychosis or are found to be at high risk for developing psychosis. The goal of the program is to develop a long-term recovery and support plan. EASA is a two-year program that offers formal mental health treatment services, educational support, employment support. The program engages the young person's family and their other natural supports in treatment. This program offer funds one additional Case Manager for the EASA program. This Case Manager will support approximately 50 individuals per year.

#### **Program Description**

This funding adds \$133,333 and 1.00 FTE Case Manager to fund an expansion of the EASA program. EASA is an evidence-based and fidelity-based model resulting from 14 years of research that demonstrates early intervention and immediate access to treatment can directly reduce psychiatric hospitalization rates and the long-term debilitating consequences of psychosis. The EASA fidelity-based model helps young people impacted by psychosis develop long-term recovery plans.

The multidisciplinary team approach and program activities and services are designed to meet the fidelity standards of the model as required by the state. The team includes both a child/adolescent and an adult psychiatrist, mental health consultants, a peer support specialist, employment specialists, an occupational therapist, and a nurse. The team has been formed to include linguistically and culturally specific consultants to reflect the population served.

Treatment is community-based and consists of services tailored to meet the unique needs of each client. Clients are matched with a psychiatrist and a mental health consultant based on age, personal preferences, and cultural needs. Clients can choose from any of the following services to support their unique goals and needs: medication management, case management, support for employment, psychiatric nursing services, peer support, occupational therapy assessment and intervention, multi-family group, individual and/or family psychotherapy, psychoeducation, and social skills building groups.

This program adds \$133,333 in Early Assessment and Support Alliance funding and 1.00 FTE to the Behavioral Health Division. These funds were awarded by the Oregon Health Authority to provide expanded EASA capacity in Multnomah County.

Performance Measures									
Measure Type	Primary Measure	FY22 Actual	FY23 Budgeted	FY23 Estimate	FY24 Offer				
Output	Total number of unduplicated referrals supported by the case manager	N/A	50	25	N/A				
Outcome	% increase of clients connected to resources through case management services <sup>1</sup>	N/A	20%	N/A	N/A				

## **Performance Measures Descriptions**

<sup>&</sup>lt;sup>1</sup> This measure encompasses all resources that the case manager connects clients to. The case manager was vacant through January 2023 due to workforce shortages.

### **Legal / Contractual Obligation**

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Addictions and Mental Health Services.

# Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Department Requested General Fund	Department Requested Other Funds
Program Expenses	2023	2023	2024	2024
Personnel	\$0	\$109,438	\$0	\$123,016
Contractual Services	\$0	\$5,895	\$0	\$0
Materials & Supplies	\$0	\$18,000	\$0	\$0
Internal Services	\$0	\$0	\$0	\$10,317
Total GF/non-GF	\$0	\$133,333	\$0	\$133,333
Program Total:	\$133	,333	\$133,333	
Program FTE	0.00	1.00	0.00	1.00

Program Revenues							
Intergovernmental	\$0	\$133,333	\$0	\$133,333			
Total Revenue	\$0	\$133,333	\$0	\$133,333			

### **Explanation of Revenues**

State \$133,333 from the Oregon Health Authority - Stimulus Funding specific for the EASA program

#### Significant Program Changes

Last Year this program was: FY 2023: 40199Y Early Assessment and Support Alliance (EASA) COVID-19 Stimulus

The Outcome measure is not available and the Output measure is an estimate because this position has not yet been hired. The budget was approved in August and recruitment for this position started in September 2022. Interviews for this position will begin in January 2023.