# Families Talk About Elder Care

## Free Workshops – Open to the Public

### **Tools for Tough Conversations**

Thursday, November 5, 2015, 3:30pm-4:30pm

Care issues, giving up the car keys, and planning for the future are just some of the difficult conversations faced by families. Get ideas and strategies to use for these and other tough conversations. Tony Borcich, LCSW, Social Worker, Parkinson's Resources of Oregon

#### **Taking Care of Business**

Thursday, November 12, 2015, 3:30pm-4:30pm

An overview of legal issues related to long-term care, advanced directives, power of attorney, and estate planning. S.Jane Patterson, Attorney at Law

**Conversations about Memory Loss** Thursday, November 19, 2015, 3:30pm-4:30pm

Conversations with family members about memory loss and changes in behavior can be challenging and uncomfortable. Join us to learn tips to reducing the stress related to doctor's visits, deciding when to stop driving, and making legal and financial plans.

Alzheimer's Association Oregon Chapter



Registration Required: Call Loriann McNeill at 503.988.8210 Or at: https://www.research.net/r/ftecgresham Multhomah County Aging, Disability & Veterans Services

Multnomah County Aging, Disability & Veterans Services, Family Caregiver Support Program

#### Workshops will be held at East Multhomah County 600 NE 8<sup>th</sup> St., Gresham, OR

(1 block from the Gresham Central MAX Transit Center)





