

### Program #50064 - Juvenile Culturally Responsive Youth and Family Treatment

FY 2026 Proposed

**Services** 

**Department:** Community Justice

Program Contact: Silvia Gomez

**Program Offer Type:** 

Operating

Program Offer Stage: Proposed

**Related Programs:** 

**Program Characteristics:** 

#### **Program Description**

The Juvenile Culturally Responsive Youth and Family Treatment Services program is designed to support high-risk and high-need youth and their families as they navigate the complexities of transitioning back into their communities or stabilize following acute challenges. This program aims to provide targeted interventions, therapeutic support, and connections to long-term community services, ensuring that youth receive comprehensive care at this critical stage of their journey. This is in line with our commitment to improving outcomes for high-risk and high-need youth and their families, and the prioritizing the need of supporting Black, African American, African immigrant/refugee, and Latino/a youth, and their families, that are disproportionately represented in the system. The program employs a team-based approach, consisting of two dedicated therapists and a treatment expeditor. This structure allows for a multifaceted support system tailored to the unique needs of each youth and their families.

By staffing Mental Health Consultants (MHC) and a Treatment Expeditor, the Culturally Responsive Youth and Family Treatment Services program can focus resources on preventative and early intervention services. With expertise in trauma-informed care and evidence-based therapeutic interventions, MHC #1 will guide and engage youth through individual and group therapy sessions. These sessions work to develop coping strategies, improve emotional regulation, and build resilience. By collaborating and facilitating parental involvement in tandem with individual needs, this program seeks to foster healthier family dynamics throughout the treatment process. MHC #2 will provide individual counseling, focusing on behavioral issues, substance use, and social skills development. They will utilize a strengths-based approach to empower youth, promoting self-efficacy and proactive engagement in their recovery journeys. Additionally, they will lead psychoeducational workshops to equip youth and their families with essential life skills. The Treatment Expeditor will Serve as a vital connector between the in-house program and community resources. The Treatment Navigator role involves 1.) conducting needs assessments to identify appropriate community services that align with individualized youth/family specific need, 2.) developing individualized transition plans that encompass community reintegration strategies, including educational support, vocational training, and mental health resources, and 3.) facilitating communication with outside agencies and family members to promote a smooth transition and connect youth to long-term support systems.

#### Program goals include:

- -Stabilization: Ensure that youth experiencing acute challenges receive immediate support to stabilize their emotional and behavioral health.
- -Transition Support: Provide guidance and resources necessary for youth to reintegrate into their communities successfully, minimizing potential setbacks.
- -Long-Term Connections: Establish sustainable connections to community services, ensuring continuity of care beyond the immediate program experience.

Performance Measures								
Measure Type	Performance Measure	FY24 Actual	FY25 Budgeted	FY25 Estimate	FY26 Target			
Output	Number of youths served by the Juvenile Culturally Responsive Treatment Services Team.	N/A	N/A	N/A	25			
Outcome	Percent of youth and families connected to community based programs	N/A	N/A	N/A	90%			

#### **Performance Measures Descriptions**

This program is targeting high risk, high need youth needing stabilization services to remain in their home communities. This is a new program in FY 2026 so there are no measures for previous years and the team will need to be built so there will be delay until recruitment and hiring commences operations in the first year.

# Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2025	2025	2026	2026
Personnel	\$0	\$0	\$474,950	\$0
Contractual Services	\$0	\$0	\$10,000	\$0
Internal Services	\$0	\$0	\$13,707	\$0
Total GF/non-GF	\$0	\$0	\$498,657	\$0
Program Total:	\$0		\$498,657	
Program FTE	0.00	0.00	3.00	0.00

Program Revenues					
Total Revenue	\$0	\$0	\$0	\$0	

# **Explanation of Revenues**

County General Fund

# **Significant Program Changes**

Last Year this program was: