

BURIED IN TREASURES WORKSHOP



A Group to Address Hoarding Behavior

16-week group (over 21 weeks)

Cost: \$10/session or \$100 in advance

+ \$16 to purchase workbook

The Buried in Treasures Workshop is about more than clutter...

- Overcoming challenges
- Increasing motivation
- Reducing acquiring
- Prioritizing and celebrating choices

Supervised by Irina Gelman, Psy.D.

PACIFIC
psychology &
COMPREHENSIVE HEALTH
CLINIC

Buried in Treasures Workshop
503-352-7333 ext. 8096

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