## ACHIEVE/REACH Meeting <u>A</u>ction <u>C</u>ommunities for <u>H</u>ealth, <u>I</u>nnovation and <u>EnV</u>ironmental Chang<u>E</u> <u>R</u>acial and <u>E</u>thnic <u>A</u>pproaches to <u>C</u>ommunity <u>H</u>ealth

## Wednesday, September 7, 2016 9:00am-11:00am Location: Gresham City Hall, 1333 NW Eastman Parkway

Attendees: Tameka Brazile (REACH), Yugen Rashad (REACH/HBI), Natasha Smith (HBI/REACH), Lessie Williams (Highland Haven), Nina Phillips (REACH), Nick Rivas (REACH), Brian Martin(City of Gresham), Pattie Carlin (OPHI)), Alicia Temple (CCHC), Corliss McKeever (AAHC), Mona McDonald (EMO), Ronnie Meyers(HBI/REACH), Jeffrey Showell (Mens Health Project), Tamara Duncan (HBI), Adejoke Babatunde (OSU Extension), Deshawn Hardy (Highland Haven), Howard Kenyon (EMO), Willie Chambers(POIC), Leada Fuller-Marashi (CCHC), Ann Gilbert (Upstream), Emily Bower (City of Gresham), Christina Nicolaidis (PSU)

Agenda Item	Key Discussion Points	Next Steps/Action Items
<b>Miscellaneous Grant Updates</b> Tameka Brazile	<ul> <li>Site visit went really well last month</li> <li>CDC reporting March-Set 2016, with a focus on key successes, barriers, plans to overcome them and unintended consequences.</li> <li>Becky is on leave until October</li> </ul>	
Communications Update Nick Rivas	<ul> <li>Finn and Hunter created the REACH website over the summer, resource for our partners and community: <u>https://multco.us/reach</u></li> <li>For our Partners section: consent agenda, share our events, social media calendar. This will be updated on the website every month</li> <li>Consent agenda will go out with agenda</li> <li>Nick sent out the first REACH Newsletter</li> <li>CDC success story will be published nationally for El Provenir, and how we supported store owner to provide culturally specific foods</li> </ul>	*Please send Nick ( <u>nicholas.rivas@multco.us</u> ) stories that can highlighted in the Community Spotlight on the website *Please send Nick ( <u>nicholas.rivas@multco.us</u> ) in pictures, news and stories to be featured in the REACH newsletter

CAN Prioritization Activity Ronnie Meyers	<ul> <li>Need assessment that relates to disparities of birth outcomes</li> <li>The CAN identified 3 main areas, have objectives for each:         <ul> <li>Housing, Family unity, economic opportunity</li> </ul> </li> <li>Activity- for each focus areas, choose 3 short term(1-3 years) priorities, 3         <ul> <li>long-term(3-5 years) priorities</li> </ul> </li> </ul>
Congregational Health updates Nina Phillips	<ul> <li>REACH plan: work with 15 churches, PSE changes. As of today we have completed 15 change tool assessments, 9 wants to move forward, 4 has signed MOU</li> <li>Christ Memorial- Pastor Tate- was highlighted at last month's site visit.</li> <li>Looking for champions in the community</li> <li>Next steps are figuring out action plans for each church, want an organic process, build and support their ideas.</li> <li>RAZ with 323studios- working on a partnership to help with tools to support the churches, informational handouts, brochures, tailored to our community, more imagery for black and brown</li> <li>OHSU Extension-Healthy HERO project- will partner to do food demoing and class, rethink your drink class</li> </ul>
Community Based Participatory Research (CBPR) Dr. Christina Nicolaidis	<ul> <li>PowerPoint presentation- <u>CBPR Presentation</u></li> <li>Community-Based Participatory Research (CBPR): Action research, trying to change the way something is done</li> <li>Strive for equal partnership</li> <li>Involve community members</li> <li>Partner with community organizations</li> <li>Based on 9 principles</li> <li>Representatives from the community being served are part of the team</li> <li>Approaches, not methods</li> <li>Be transparent about what you are doing</li> <li>Things to consider: Level of community participation, timing of community</li> </ul>

	participation, focus on action? Community as unit of identity vs. inclusion of
	specific patients/clients and stakeholders, role of community agencies and
	stakeholder organizations
	Academics and community working together:
	<ul> <li>Community-Keeps research respectful, accessible and socially relevant</li> </ul>
	$\circ$ Academics- Keep research scientifically sound and academically
	relevant
	<ul> <li>Infrastructure can have significant impact on power sharing and project</li> </ul>
	success: Co PIS's, steering committees, councils, advisory boards, teams,
	research assistants, interns, students
	<ul> <li>Processes- think about processes for community, power sharing, decision</li> </ul>
	making, accommodations, ongoing evaluation, authorship, data ownership
	etc Shared vision, jointly created ground rules, clear roles and
	responsibilities
Partner Updates	AAHC Luncheon- October 14 <sup>th</sup>
	AAHC Wellness Village- October 15 <sup>th</sup>
	City of Gresham- community walk talk and eat- linking active transportation
	with Rockwood rising, 2.2 mile walk to location, Sunrise center, free tastings,
	10am-2pm, October 15 <sup>th</sup>
	<ul> <li>Highland Haven- Marijuana training, Hilton October 10th</li> </ul>
Next ACHIEVE Meeting	Next ACHIEVE 2016 meeting dates: 10/5, 11/2, 12/7
	<ul> <li>October, 2016-What is Evidence Based Practice?</li> </ul>
	<ul> <li>November, 2016-What is health Equity?</li> </ul>
	• December, 2016-Does Data Matter? Why?
	Location- 10/5, Gresham City Hall